



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE - WARM WATER POOL

860.871.0008 • IndianValleyFamilyYMCA.org

Winter Schedule: January 1, 2022 – January 31, 2022

MONDAY

8:00a-10:00a
Water Walking
(3 Lanes)

10:00a-3:30p
Water Walking
(3 Lanes)
Family Swim
(2 Lane)

3:30p-6:30p
Water Walking
(2 Lanes)
Swim Lessons
(2 Lanes)
Family Swim
(1 Lanes)

**Pool Closes at
6:30p**

TUESDAY

8:00a-10:00a
Water Walking
(3 Lanes)

10:00a-12:30p
Water Walking
(3 Lanes)
12:30p-2:00p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

3:00p-4:30p
Water Walking
(1 Lane)
Family Swim
(2 Lanes)
4:30p-6:30p
Water Walking
Family Swim
(2 Lanes)

**Pool Closes at
6:30p**

WEDNESDAY

8:00a-10:00a
Water Walking
(3 Lanes)

10:00a-2:00p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

12:30-2:00p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

2:00p-6:30p
Water Walking
(3Lanes)
Family Swim
(2 Lanes)

**Pool Closes at
6:30p**

THURSDAY

8:00a-3:30p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

3:30p-4:30p
Swim Lessons
(2 lane)

Water Walking
(2 Lanes)
Family Swim
(1 Lanes)

4:30p-6:30p
Swim Lessons
(2 Lanes)
Family Swim
(1 Lanes)

**Pool Closes at
6:30p**

FRIDAY

8:00a-3:30p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

3:30p-4:30p
Swim Lessons
(2 lane)

Water Walking
(2 Lanes)
Family Swim
(1 Lanes)

4:30p-6:30p
Swim Lessons
(2 Lanes)

Family Swim
(1 Lanes)
Water Walking
(1 Lane)

**Pool Closes at
6:30p**

SATURDAY

8:00-8:30a
Water Walking
(3 Lanes)

8:30a-12:30p
Swim lessons
NO OPEN SWIM

**Pool Closes at
12:30p**

SUNDAY

8:00a-12:30p
Family Swim
(2 Lanes)
Water Walking
(3 Lanes)

**Pool Closes at
12:30p**

IMPORTANT INFORMATION

- Must Shower before entering the pool.
- Masks must be worn on deck at all times by those that are unvaccinated. Masks may be removed when swimmers enter the water.
- When Swim Lessons, Private Lessons are scheduled lane space will vary
- *Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.
- We follow TEST MARK PROTECT

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

ECHN-pool times vary Monday-Thursday

Private Swim Lessons and Swim lessons vary in days/times.

Pool schedule is subject to change without notice.

Updated 12.9.21



FOR YOUTH DEVELOPMENT®
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INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

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Winter Schedule: January 1, 2022 – March 30, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>5:15-9:00a Lap Swim (8 lanes)</p> <p>9:00-3:00p Lap swim (8 Lanes)</p> <p>3:00-4:30p Lap Swim (Lanes 1,2 & 8) Pool Rental (Lanes 3-7)</p> <p>4:30p Swim Team (Lane 1-8)</p> <p>Pool Closes at 4:30p</p>	<p>5:15-6:30a Swim Team (1 Lane) Lap Swim (7 lanes)</p> <p>6:30a-9:00a Lap swim (8 Lanes)</p> <p>9:00a-10:00a Lap swim (Lanes 1-4) Water Exercise (Lanes 5-8)</p> <p>10:00-3:00p Lap Swim (8 Lanes)</p> <p>3:00-4:30p Lap Swim (Lanes 1,2 & 8) Pool Rental (Lanes 3-7)</p> <p>4:30-7:00p Swim Team (Lane 1-7) Adult Lap Swim Lane (8)</p> <p>Pool Closes at 7:00p</p>	<p>5:15-9:00a Lap Swim (8 lanes)</p> <p>9:00-10:00p Lap swim (Lanes 1-4) Water Exercise (Lanes 5-8)</p> <p>10:00-3:00p Lap swim (8 Lanes)</p> <p>3:00-4:30p Lap Swim (Lanes 1,2 & 8) Pool Rental (Lanes 3-7)</p> <p>4:30p Swim Team (Lane 1-8)</p> <p>Pool Closes at 4:30p</p>	<p>5:15-6:30a Swim Team (1 Lane) Lap Swim (7 lanes)</p> <p>6:30a-8:30a Lap swim (8 Lanes)</p> <p>8:30a-10:30a Lap swim (Lanes 1-4) Water Exercise (Lanes 5-8)</p> <p>10:30-3:00p Lap Swim (8 Lanes)</p> <p>3:00-4:30p Lap Swim (Lanes 1,2 & 8) Pool Rental (Lanes 3-7)</p> <p>4:30-7:00p Swim Team (Lane 1-7) Adult Lap Swim Lane (8)</p> <p>Pool Closes at 7:00p</p>	<p>5:15-9:00a Lap Swim (8 lanes)</p> <p>9:00-10:00a Lap swim (Lanes 1-4) Water Exercise (Lanes 5-8)</p> <p>10:00-3:00p Lap Swim (8 Lanes)</p> <p>3:00-4:30p Lap Swim (Lanes 1,2 & 8) Pool Rental (Lanes 3-7)</p> <p>4:30p Swim Team (Lane 1-8)</p> <p>Pool Closes at 4:30p</p>	<p>7:00a-8:00a Lap Swim (8 lanes)</p> <p>8:00- 9:00a Water Exercise (Lanes 5-8)</p> <p>8:00a-12:30p Swim Lessons (Lanes 1 & 8)</p> <p>Lap swim (Lanes 2 - 7)</p> <p>Pool Closes at 12:30p</p>	<p>7:00a-9:00a Swim Team (7 Lanes) Lap Swim (Lane 8)</p> <p>9:00a-12:30p Lap Swim (Lanes 1- 8)</p> <p>Pool Closes at 12:30p</p>

IMPORTANT INFORMATION

ECHN-pool times vary Monday-Thursday
Must Shower before entering the pool.

Private Swim lesson, Swim lessons and other program vary in days/times in the lap pool without notice.

Masks must be worn on deck at all times if not vaccinated. Masks may be removed when swimmers enter the water.

During Adult lap swim swimmers must be 18 years of age or older and share the lane.

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

COLOR KEY:

Swim Lessons

Water Exercise

Swim Team

Family Swim

Water Walking/Lap Swim

Private lessons

Pool Rental

Updated 12.9.21