



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 8 lanes open 5:15am-2:30pm High School Swim Team 4 Lanes open 2:30pm-4:30pm Swim Team 2 Lanes open 4:30pm-7:45pm	Lap Swim 8 lanes open 5:15am-7:30am Water Exercise 5 lanes open 7:30am-8:30am Lap Swim 8 lanes open 8:30am-2:30pm High School Swim Team 4 Lanes open 2:30pm-4:30pm Swim Team 2 Lanes open 4:30pm-7:45pm	Lap Swim 8 lanes 5:15am-2:30pm High School Swim Team 4 Lanes open 2:30pm-4:30pm Swim Team 2 Lanes open 4:30pm-7:45pm	Lap Swim 8 lanes 5:15am-7:30am Water Exercise 5 lanes open 7:30am-8:30am Lap Swim 8 lanes open 8:30am-2:30pm High School Swim Team 4 Lanes open 2:30pm-4:30pm Swim Team 2 Lanes open 4:30pm-7:45pm	Lap Swim 8 lanes 5:15am-2:30pm High School Swim Team 4 Lanes open 2:30-4:30pm Swim Team 2 Lanes open 4:30pm-6:45pm	Lap Swim 8 lanes open 7:15am-8am Swim Team 2 Lanes open 8am-1pm 8 Lanes open 1pm-3:45pm	Lap Swim 8 lanes open 7:15am-3:45pm



MULTIPURPOSE POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Water Exercise 8:15am-9am 9am-9:45am Open Swim 9:45am-1pm Open Swim 4pm-4:45pm Swim Lessons 4:45pm-6pm Open Swim 6pm-7pm	Open Swim 9am-10am Water Exercise 10am-11am 11am-12pm Open Swim 12pm-1pm Open swim 4pm-4:45pm Swim Lessons 4:45pm-6:45pm	Water Exercise 8:15am-9am 9am-9:45am Open Swim 9:45am-1pm Open Swim 4pm-4:45pm Swim Lessons 4pm-6:45pm	Open Swim 9am-10am Water Exercise 10am-11am 11am-12pm Open Swim 12pm-1pm Open Swim 4pm-7pm	Water Exercise 9am-9:45am Open Swim 11am-1pm Open Swim 4pm-5pm Swim Lessons 5pm-6:45pm	Open Swim 7:15am-9am Swim Lessons 9am-11:30am Open Swim 12:30pm-3:45pm	Open Swim 7:15am-3:45pm



***Monday, Wednesday, and Friday Whirlpool, Steamroom and Sauna will be closed 1pm-2pm for cleaning**

For more information contact your Welcome Center

**Register online GHYMCA.org • Register in person at the branch • Register by phone 860-653-5524
Financial Assistance is available.**