



FARMINGTON VALLEY YMCA CLIMBING WALL SCHEDULE

Effective:
January 5, 2022

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860 653 5524 www.farmingtonvalleyYMCA.org WINTER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLOSED 5:00AM-4:00PM	CLOSED 5:00AM-4:00PM	CLOSED 5:00AM-4:00PM	CLOSED 5:00AM-4:00PM	CLOSED	CLOSED 7:00AM-9:30AM	CLOSED 5:00AM-12:00PM
OPEN CLIMB 4:00PM-6:00PM	OPEN CLIMB 4:00PM-5:00PM	OPEN CLIMB 4:00PM-6:00PM	OPEN CLIMB 4:00PM-5:00PM		KID CLIMBERS 9:30AM-10:30AM Gr. 1-4	OPEN CLIMB 12:00PM-4:00PM
CLOSED 6:00PM	PRESCHOOL ROCKERS 5:00PM-6:00PM Ages 4-6	ADULT OPEN CLIMB (18+) 6:00PM-7:00PM	KID CLIMBERS 5:00PM-6:00PM		CLIFFHANGERS 10:40AM-11:40AM Gr. 5-8	CLOSED 4:00PM
	OPEN CLIMB 6:00PM-7:00PM	CLOSED 7:00PM	CLIMBING TEAM 6:00PM-7:15PM		OPEN CLIMB 11:45AM-1:00PM	
	CLOSED 7:00PM		CLOSED 7:15PM		CLOSED 1:00PM	

IMPORTANT INFORMATION
 During open climb, any member or guest may use the climbing wall. **The minimum age to participate in open climb is 4.**
 All children younger than 12 must have an adult (18+) with them at all times.
 The minimum age to belay is 12. All individuals must be trained through a YMCA orientation. Trained belayers are kept on record.
 All equipment used must be the property of the YMCA. Personal harnesses are permitted *only after* staff inspection.
 Climbing shoes or closed-toe athletic shoes must be worn.
 Posted climbing commands must be used at all times.
 No food or drinks are permitted in the climbing wall.

IMPORTANT CLOSURE DATES

ROCK CLIMBING CLASSES

- Parent & Child Class (Ages 4+)**
Parents and children have fun together, learn together and spend quality time together in a supportive atmosphere.
- Preschool Rockers Class (Ages 4-6)**
For our fearless youngsters! Students must be able to take a follow directions independently to participate in class.
- Kid Climbers Class (Grades 1-4)**
Kids learn climbing safety, skill and confidence!
- Cliffhangers Class (Grades 5-8)**
Teens have an opportunity to progress in climbing level throughout multiple sessions with opportunities for progression in each session. Levels are based on climbing skill, knowledge of safe climbing practices and leadership within class.
- Belay Orientation**
A chance for members to learn how to live belay. Offered the first three Thursdays of the month. Register at the welcome desk.