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# INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

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Fall Schedule: November 1, 2021 – December 31, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-3:00p</b> Lap swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 4:30p</b></p>	<p><b>5:15-6:30a</b> <b>Swim Team</b> (1 Lane) Lap Swim (7 lanes)</p> <p><b>6:30a-9:00a</b> Lap swim (8 Lanes)</p> <p><b>9:00a-10:00a</b> Lap swim (Lanes 1-4)</p> <p><b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8)</p> <p><b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-7:00p</b> <b>Swim Team</b> (Lane 1-7) Adult Lap Swim Lane (8)</p> <p><b>Pool Closes at 7:00p</b></p>	<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-10:00p</b> Lap swim (Lanes 1-4)</p> <p><b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8)</p> <p><b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 4:30p</b></p>	<p><b>5:15-6:30a</b> <b>Swim Team</b> (1 Lane) Lap Swim (7 lanes)</p> <p><b>6:30a-8:30a</b> Lap swim (8 Lanes)</p> <p><b>8:30a-10:30a</b> Lap swim (Lanes 1-4)</p> <p><b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:30-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8)</p> <p><b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-7:00p</b> <b>Swim Team</b> (Lane 1-7) Adult Lap Swim Lane (8)</p> <p><b>Pool Closes at 7:00p</b></p>	<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-10:00a</b> Lap swim (Lanes 1-4)</p> <p><b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8)</p> <p><b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 4:30p</b></p>	<p><b>7:00a-8:00a</b> Lap Swim (8 lanes)</p> <p><b>8:00- 9:00a</b> <b>Water Exercise</b> (Lanes 5-8)</p> <p><b>8:00a-12:30p</b> <b>Swim Lessons</b> (Lanes 1 &amp; 8)</p> <p>Lap swim (Lanes 2 - 7)</p> <p><b>Pool Closes at 12:30p</b></p>	<p><b>7:00a-9:00a</b> <b>Swim Team</b> (7 Lanes) Lap Swim (Lane 8)</p> <p><b>9:00a-12:30p</b> Lap Swim (Lanes 1- 8)</p> <p><b>Pool Closes at 12:30p</b></p>

### IMPORTANT INFORMATION

ECHN-pool times vary Monday-Thursday  
Must Shower before entering the pool.

**Private Swim lesson, Swim lessons and other program vary in days/times in the lap pool without notice.**

Masks must be worn on deck at all times if not vaccinated. Masks may be removed when swimmers enter the water.

**During Adult lap swim swimmers must be 18 years of age or older and share the lane.**

**Pool schedule is subject to change without notice.**

For updates, visit [www.IndianValleyFamilyYMCA.org](http://www.IndianValleyFamilyYMCA.org) or like us on Facebook.

### COLOR KEY:

**Swim Lessons**

**Water Exercise**

**Swim Team**

**Family Swim**

**Water Walking/Lap Swim**

**Private lessons**

**Pool Rental**

**Updated 10.20.2021**