



# FARMINGTON VALLEY YMCA CLIMBING WALL SCHEDULE -9.20.2021

Effective:  
September 21, 2021

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860 653 5524      www.farmingtonvalleyYMCA.org      FALL      2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CLOSED	CLOSED 5:00AM-4:00PM	CLOSED	CLOSED	CLOSED	CLOSED 7:00AM-9:00AM	CLOSED
	OPEN CLIMB 4:00PM-5:00PM				KID CLIMBERS 9:30AM-10:30AM Gr. 1-4	
	PRESCHOOL ROCKERS 5:00-6:00PM Ages 4-6				CLIFFHANGERS 10:40AM-11:40AM Gr. 5-8	
	PARENT & CHILD CLASS 6:00-6:45PM Ages 4 & up				OPEN CLIMB 11:45AM-1:00PM	
	CLOSED 7:00PM				CLOSED 1:00PM	

**IMPORTANT INFORMATION**  
 During open climb, any member or guest may use the climbing wall. **The minimum age to participate in open climb is 4.**  
 All children younger than 12 must have an adult (18+) with them at all times.  
 The minimum age to belay is 12. All individuals must be trained through a YMCA orientation. Trained belayers are kept on record.  
 All equipment used must be the property of the YMCA. Personal harnesses are permitted *only after* staff inspection.  
 Climbing shoes or closed-toe athletic shoes must be worn.  
 Posted climbing commands must be used at all times.  
 No food or drinks are permitted in the climbing wall.

**IMPORTANT CLOSURE DATES**

## ROCK CLIMBING CLASSES

- Parent & Child Class (Ages 4+)**  
Parents and children have fun together, learn together and spend quality time together in a supportive atmosphere.
- Preschool Rockers Class (Ages 4-6)**  
For our fearless youngsters! Students must be able to take a follow directions independently to participate in class.
- Kid Climbers Class (Grades 1-4)**  
Kids learn climbing safety, skill and confidence!
- Cliffhangers Class (Grades 5-8)**  
Teens have an opportunity to progress in climbing level throughout multiple sessions with opportunities for progression in each session. Levels are based on climbing skill, knowledge of safe climbing practices and leadership within class.
- Belay Orientation**  
A chance for members to learn how to live belay. Offered the first three Thursdays of the month. Register at the welcome desk.