

RECIPE FOR A HEALTHY KID

HEALTHY KIDS DAY • OCTOBER 23, 2021



1:30 – 3:30 PM FUN FREE FAMILY EVENT

Youth/Family Engagement Activities:

Kindness Rock Painting, Bounce House,
Arts and Crafts Activities,
Family Mini Exercise Classes and Games

Health and Safety:

Car Seat Safety Checks, Dental Hygiene,
Fire Safety, Therapy Dogs

Community Booths:

Armed Forces, Art Center East, Basketball Hall of Fame,
Big Y, Code Ninjas, Dzen's Farm, East Windsor Library,
Ellington Library, Lutz Children's Museum, Macaroni Kids,
Other Designs, Stop & Shop, Trader Joe's, Tails for Joy,
and so much more!



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