

**RECIPE
FOR A HEALTHY KID**

HEALTHY KIDS DAY • OCTOBER 23, 2021



**11:00 AM – 1:00 PM
FUN FREE OUTDOOR
FAMILY EVENT**

Youth/Family Engagement Activities:
Archery, Cross Net, Gaga Ball,
Inflatable Obstacle Course and Giant Slide,
Walktober/NOW Month of Miles Rivertrail
Scavenger Hunt, Face Painting

Health and Safety:
Bike Safety and raffle to win a FREE bike helmet
(10 lucky winners), Police K9, Fire Department,
Water Safety

Community Booths and Local Vendors

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YOUTH AND FAMILY CENTER
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