

Multi-Purpose Pool Schedule the

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SCHEDULE
EFFECTIVE
9.13.2021

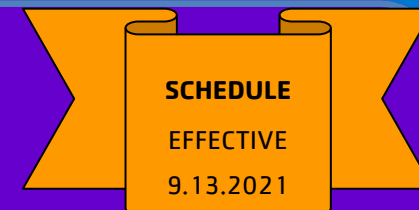
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	KEY
<p>POOL CLOSED 5-6AM</p> <p>**SHALLOW WATER AQUA FITNESS 6:00am-6:45am</p> <p>POOL CLOSED 7-10AM</p> <p>*WATER WALKING / INDV EXERCISE 10:00am-12pm</p> <p>POOL CLOSED 12-4PM</p> <p>SWIM LESSONS 4:30pm-6:30pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>POOL CLOSED 5-8AM</p> <p>*WATER WALKING / INDV EXERCISE 8:00am-9:30am</p> <p>**AQUA ARTHRITIS 9:30am-10:15am</p> <p>**AQUA ARTHRITIS 10:30am-11:15am</p> <p>*WATER WALKING / INDV EXERCISE 11:15am-12:00pm</p> <p>POOL CLOSED 12-4PM</p> <p>SWIM LESSONS 4:30pm-5:45pm</p> <p>*Family Swim 5:45pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>POOL CLOSED 5-6AM</p> <p>**SHALLOW WATER AQUA FITNESS 6:00am-6:45am</p> <p>POOL CLOSED 7-9AM</p> <p>*WATER WALKING / INDV EXERCISE 9:00am-11:00am</p> <p>POOL CLOSED 11AM-4PM</p> <p>SWIM LESSONS 4:30pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>POOL CLOSED 5-8AM</p> <p>*WATER WALKING / INDV EXERCISE 8:00am-9:30am</p> <p>**AQUA ARTHRITIS 9:30am-10:15am</p> <p>**AQUA ARTHRITIS 10:30am-11:15am</p> <p>*WATER WALKING / INDV EXERCISE 11:15am-12:00pm</p> <p>POOL CLOSED 12-4PM</p> <p>SWIM LESSONS 4:15pm-6:15pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>*WATER WALKING / INDV EXERCISE 5:00am-7:00am</p> <p>POOL CLOSED 7-9AM</p> <p>*WATER WALKING / INDV EXERCISE 9:00am-11:00am</p> <p>POOL CLOSED 11AM-4PM</p> <p>*Family Swim 4:00pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>**SHALLOW WATER AQUA FITNESS 7:15am-8:00am</p> <p>SWIM LESSONS 8:00am-1pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p> <p>SWIM LESSONS 10:00am-12:30pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>*WATER WALKING / INDV EXERCISE 7:00am-8:00am</p> <p>**SWIM LESSONS 8:00am-9:00am</p> <p>*WATER WALKING / INDV EXERCISE 9:00am-10:00am</p> <p>SWIM LESSONS 10:00am-12:30pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>KEY</p> <p>*Zero depth area open at this time (Red Zone).</p> <p>**Zero depth area closed at this time (Red Zone).</p> <p>*Pool schedule subject to change at any time based on the needs of scheduled program activities, YMCA events, and inclement weather.</p> <p>*Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.</p> <p>*Must shower prior to entering pools.</p>

- Swimmers may bring their own equipment to the pool.
 - When pool has reached maximum capacity, additional members will not be able to swim. Also, please keep in mind this ratio includes programming such as swim lessons, private lessons, and lifeguarding certifications.
- If you have questions about our Multi-Purpose Pool Schedule please contact Charles Halapin at charles.halapin@ghymca.org.

Lap Pool Schedule



FOR YOUTH DEVELOPMENT®
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MONDAY

5:00am-6:00am

4 lanes open

POOL CLOSED 6-7AM

7:00am-4:30pm

4 lanes open

SWIM TEAM

POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:00pm

2 lanes open

SWIM TEAM

POOL CLOSED

6:00pm - 7:30pm

TUESDAY

5:00am-6:00pm

4 lanes open

SWIM TEAM

POOL CLOSED

6:00pm - 7:30pm

WEDNESDAY

5:00am-6:00am

4 lanes open

POOL CLOSED 6-7AM

7:00am-4:30pm

4 lanes open

SWIM TEAM

POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:30pm

2 lanes open

SWIM TEAM

POOL CLOSED

6:30pm - 7:30pm

THURSDAY

5:00am-6:00pm

4 lanes open

SWIM TEAM

POOL CLOSED

6:00pm - 7:30pm

FRIDAY

5:00am-4:30pm

4 lanes open

SWIM TEAM

POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:45pm

2 lanes open

5:30pm-7:00pm

2 lanes SWIM TEAM PRACTICE

SATURDAY

7:00am-10:15am

4 lanes open

GROUP LESSON

10:15-11:00am

1 Lane

10:15am-11:00am

3 lanes open

11:00am-12:45pm

4 lanes open

SUNDAY

7:00am-12:45pm

4 lanes open

KEY

*Pool schedule is subject to change at any time based on the needs of scheduled program activities, YMCA events, and inclement weather.

*Parents with children 7 and younger **MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.**

*Must shower prior to entering pools.

*Lap swim use only.

- **Reservations are required**, please see the front desk for more information.
- **Swimmers must provide their own equipment.**

If you have questions about our Lap Pool Schedule, please contact Charles Halapin at charles.halapin@ghymca.org.