



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE - WARM WATER POOL

860.871.0008 • [IndianValleyFamilyYMCA.org](http://IndianValleyFamilyYMCA.org)

Fall Schedule: September 6, 2021 – December 31, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>9:00a-10:00a</b> Water Walking (3 Lanes)</p> <p><b>10:00a-3:30p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lane)</p> <p><b>3:30p-6:00p</b> Water Walking (2 Lanes) <b>Swim Lessons</b> (2 Lanes) <b>Family Swim</b> (1 Lanes)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>9:00a-10:00a</b> Water Walking (3 Lanes)</p> <p><b>10:00a-12:30p</b> Water Walking (3 Lanes)</p> <p><b>12:30p-2:00p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>3:00p-4:30p</b> Water Walking (1 Lane)</p> <p><b>Family Swim</b> (2 Lanes)</p> <p><b>4:30p-6:00p</b> Water Walking <b>Family Swim</b> (2 Lanes)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>9:00a-10:00a</b> Water Walking (3 Lanes)</p> <p><b>10:00a-2:00p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>12:30-2:00p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>2:00p-6:00p</b> Water Walking (3Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>9:00a-3:30p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>3:30p-4:30p</b> <b>Swim Lessons</b> (2 lane) Water Walking (2 Lanes) <b>Family Swim</b> (1 Lanes)</p> <p><b>4:30p-6:00p</b> <b>Swim Lessons</b> (2 Lanes) <b>Family Swim</b> (1 Lanes)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>9:00a-3:30p</b> Water Walking (3 Lanes) <b>Family Swim</b> (2 Lanes)</p> <p><b>3:30p-4:30p</b> <b>Swim Lessons</b> (2 lane) Water Walking (2 Lanes) <b>Family Swim</b> (1 Lanes)</p> <p><b>4:30p-6:00p</b> <b>Swim Lessons</b> (2 Lanes) <b>Family Swim</b> (1 Lanes) Water Walking (1 Lane)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>8:00-8:30a</b> Water Walking (3 Lanes)</p> <p><b>8:30a-12:30p</b> <b>Swim lessons</b> <b>NO OPEN SWIM</b></p> <p><b>Pool Closes at 12:30p</b></p>	<p><b>8:00-9:00a</b> Water Walking (3 Lanes)</p> <p><b>9:00a-12:30p</b> <b>Family Swim</b> (2 Lanes) Water Walking (3 Lanes)</p> <p><b>Pool Closes at 12:30p</b></p>

### IMPORTANT INFORMATION

- Must Shower before entering the pool.
- Masks must be worn on deck at all times by those that are unvaccinated. Masks may be removed when swimmers enter the water.
- When Swim Lessons, Private Lessons are scheduled lane space will vary
- \*Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.
- We follow TEST MARK PROTECT

Pool schedule is subject to change without notice.  
For updates, visit [www.IndianValleyFamilyYMCA.org](http://www.IndianValleyFamilyYMCA.org) or like us on Facebook.

### ECHN-pool times vary Monday-Thursday

Private Swim Lessons and Swim lessons vary in days/times.

Pool schedule is subject to change without notice.

Updated 9.7.2021



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

860.871.0008 • [IndianValleyFamilyYMCA.org](http://IndianValleyFamilyYMCA.org)

Fall Schedule: September 6, 2021 – December 31, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-4:00p</b> Lap swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-6:00p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-10:00p</b> Lap swim (Lanes 1-4) <b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-6:00p</b> <b>Swim Team</b> (Lane 1-7) Lap Swim Lane (8)</p> <p><b>Pool Closes at 6:30p</b></p>	<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-4:00p</b> Lap swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-6:00p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>5:15-9:30a</b> Lap Swim (8 lanes)</p> <p><b>9:30-10:30p</b> Lap swim (Lanes 1-4) <b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-6:00p</b> <b>Swim Team</b> (Lane 1-7) Lap Swim Lane (8)</p> <p><b>Pool Closes at 6:30p</b></p>	<p><b>5:15-9:00a</b> Lap Swim (8 lanes)</p> <p><b>9:00-10:00a</b> Lap swim (Lanes 1-4) <b>Water Exercise</b> (Lanes 5-8)</p> <p><b>10:00-3:00p</b> Lap Swim (8 Lanes)</p> <p><b>3:00-4:30p</b> Lap Swim (Lanes 1,2 &amp; 8) <b>Pool Rental</b> (Lanes 3-7)</p> <p><b>4:30-6:00p</b> <b>Swim Team</b> (Lane 1-8)</p> <p><b>Pool Closes at 6:00p</b></p>	<p><b>7:00a-8:00a</b> Lap Swim (8 lanes)</p> <p><b>8:00- 9:00a</b> <b>Water Exercise</b> (Lanes 5-8)</p> <p><b>8:00a-12:30p</b> <b>Swim Lessons</b> (Lanes 1 &amp; 8)</p> <p>Lap swim (Lanes 2 - 7)</p> <p><b>Pool Closes at 12:30p</b></p>	<p><b>7:00a-9:00a</b> <b>Swim Team</b> (7 Lanes) Lap Swim (Lane 8)</p> <p><b>9:00a-12:30p</b> Lap Swim (Lanes 1- 8)</p> <p><b>Pool Closes at 12:30p</b></p>

**IMPORTANT INFORMATION**

ECHN-pool times vary Monday-Thursday  
Must Shower before entering the pool.

**Private Swim lesson, Swim lessons and other program vary in days/times in the lap pool without notice.**  
Masks must be worn on deck at all times if not vaccinated. Masks may be removed when swimmers enter the water.

**Pool schedule is subject to change without notice.**

For updates, visit [www.IndianValleyFamilyYMCA.org](http://www.IndianValleyFamilyYMCA.org) or like us on Facebook.

**COLOR KEY:**

- Swim Lessons**
- Water Exercise**
- Swim Team**
- Family Swim**
- Water Walking/Lap Swim**
- Private lessons**
- Pool Rental**

Updated 9.7.2021