

# Multi-Purpose Pool Schedule the

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SCHEDULE**  
EFFECTIVE  
7.26.2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	KEY
<p><b>*WATER WALKING / INDV EXERCISE</b> 5:00am-6:00am</p> <p><b>**SHALLOW WATER AQUA FITNESS</b> 6:00am-6:45am</p> <p>POOL CLOSED 7-10AM</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 10:00am-11:30pm</p> <p><b>CAMP SWIM</b> POOL CLOSED TO PUBLIC 11:30AM-3:30PM</p> <p><b>SWIM LESSONS</b> 4:30pm-6:30pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>POOL CLOSED 5-8AM</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 8:00am-9:30am</p> <p><b>**AQUA ARTHRITIS</b> 9:30am-10:15am</p> <p><b>**AQUA ARTHRITIS</b> 10:30am-11:15am</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 11:15am-11:30pm</p> <p><b>CAMP SWIM</b> POOL CLOSED TO PUBLIC 11:30AM-3:30PM</p> <p><b>SWIM LESSONS</b> 4:30pm-5:45pm</p> <p><b>*Family Swim</b> 5:45pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p><b>*WATER WALKING / INDV EXERCISE</b> 5:00am-6:00am</p> <p><b>**SHALLOW WATER AQUA FITNESS</b> 6:00am-6:45am</p> <p>POOL CLOSED 7-9AM</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 9:00am-11:00am</p> <p><b>CAMP SWIM</b> POOL CLOSED TO PUBLIC 11:30AM-3:30PM</p> <p><b>SWIM LESSONS</b> 4:30pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p>POOL CLOSED 5-8AM</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 8:00am-9:30am</p> <p><b>**AQUA ARTHRITIS</b> 9:30am-10:15am</p> <p><b>**AQUA ARTHRITIS</b> 10:30am-11:15am</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 11:15am-11:30pm</p> <p><b>CAMP SWIM</b> POOL CLOSED TO PUBLIC 11:30AM-3:30PM</p> <p><b>SWIM LESSONS</b> 4:15pm-6:15pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p><b>*WATER WALKING / INDV EXERCISE</b> 5:00am-7:00am</p> <p>POOL CLOSED 7-9AM</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 9:00am-11:00am</p> <p><b>CAMP SWIM</b> POOL CLOSED TO PUBLIC 11:30AM-3:30PM</p> <p><b>*Family Swim</b> 4:00pm-6:45pm</p> <p>BUILDING CLOSES AT 7PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p><b>**SHALLOW WATER AQUA FITNESS</b> 7:15am-8:00am</p> <p><b>SWIM LESSONS</b> 8:00am-1pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p> <p><b>SWIM LESSONS</b> 10:00am-12:30pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p><b>*WATER WALKING / INDV EXERCISE</b> 7:00am-8:00am</p> <p><b>**SWIM LESSONS</b> 8:00am-9:00am</p> <p><b>*WATER WALKING / INDV EXERCISE</b> 9:00am-10:00am</p> <p><b>SWIM LESSONS</b> 10:00am-12:30pm</p> <p>BUILDING CLOSES AT 1 PM POOLS CLOSE 15 MINUTES BEFORE BUILDING</p>	<p><b>KEY</b></p> <p><b>*Zero depth area open at this time (Red Zone).</b></p> <p><b>**Zero depth area closed at this time (Red Zone).</b></p> <p><b>*Pool schedule subject to change at any time based on the needs of scheduled program activities, YMCA events, and inclement weather.</b></p> <p><b>*Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.</b></p> <p><b>*Must shower prior to entering pools.</b></p>

- **Swimmers may bring their own equipment to the pool.**
  - **When pool has reached maximum capacity, additional members will not be able to swim. Also, please keep in mind this ratio includes programming such as swim lessons, private lessons, and lifeguarding certifications.**
- If you have questions about our Multi-Purpose Pool Schedule please contact Charles Halapin at [charles.halapin@ghymca.org](mailto:charles.halapin@ghymca.org).**

# Lap Pool Schedule



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SCHEDULE**  
EFFECTIVE  
7.26.2021

## MONDAY

5:00am-6:00pm  
4 lanes open

SWIM TEAM  
POOL CLOSED

6:00pm - 7:30pm

## TUESDAY

5:00am-4:30pm  
4 lanes open

SWIM TEAM  
POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:00pm  
2 lanes open

SWIM TEAM  
POOL CLOSED  
6:00pm - 7:30pm

## WEDNESDAY

5:00am-6:00pm  
4 lanes open

SWIM TEAM  
POOL CLOSED

6:00pm - 7:30pm

## THURSDAY

5:00am-4:30pm  
4 lanes open

SWIM TEAM  
POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:30pm  
2 lanes open

SWIM TEAM  
POOL CLOSED  
6:30pm - 7:30pm

## FRIDAY

5:00am-4:30pm  
4 lanes open

SWIM TEAM  
POOL CLOSED

4:30pm - 5:30pm

5:30pm-6:00pm  
2 lanes open

SWIM TEAM  
POOL CLOSED  
6:00pm - 7:00pm

## SATURDAY

7:00am-11:45pm  
4 lanes open

GROUP LESSON  
11:45-12:30pm  
1 Lane

## SUNDAY

7:00am-12:45pm  
4 lanes open

### KEY

\*Pool schedule is subject to change at any time based on the needs of scheduled program activities, YMCA events, and inclement weather.

\*Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.

\*Must shower prior to entering pools.

\*Lap swim use only.

- **Reservations are required**, please see the front desk for more information.
- Swimmers must provide their own equipment.

If you have questions about our Lap Pool Schedule, please contact Charles Halapin at [charles.halapin@ghymca.org](mailto:charles.halapin@ghymca.org).