

## **FAQ for Camps at Farmington Valley YMCA:**

### **1. How to register Camp at the Farmington Valley YMCA?**

- a. You can register online at <https://www.ghymca.org/campfarmingtonvalley> ,call us at 860-653-5524 or register in person at our welcome desk.

### **2. What are you Covid-19 policies for the summer?**

- a. We are waiting on guidance from the State of CT regarding camps and specific guidelines.
- b. Once we are notified with the changes, we will post the information on our website.

### **3. Do I need my medical forms to start camp?**

- a. Yes, there must be medical forms, medications, and additional forms onsite before the camper can comes to camp.

### **4. How can I get the forms for camp?**

- a. You will receive an email through [campfvy@ghymca.org](mailto:campfvy@ghymca.org) with the PDF file of all the paperwork needed for camp.
  - i. This includes basic information, pick up authorization, sunscreen approval, waiver and consent form and care plan information for any campers with medication or care plans for allergies.
- b. Copies of the required forms are at the welcome desk.

### **5. How many years is a physical valid for?**

- a. A physical is valid for 2 years.
- b. Anything from 2019 and on is valid.

### **6. What do you have for lunch options?**

- a. You can bring your own lunch to camp. It is recommended to have a sealed lunch box with an ice pack.
- b. You can also buy Subway lunch on a day-to-day basis. The fee is \$5.50 per day.
  - i. Subway purchasing is done during drop off your child in the AM.
  - ii. Please bring the exact cash

### **7. What not to bring for lunch?**

- a. We would like to refrain from nut or peanut product as much as possible.
- b. High sugary products

### **8. What is the camper to counselor ratios?**

- a. As a Greater Hartford YMCA we will follow these standards:
  - i. Ages 3-5 – 6:1 ratio
  - ii. Ages 6-8 – 8:1 ratio
  - iii. Ages 9-15 – 12:1 ratio

**9. Do you offer swim lessons or pool time?**

- a. Yes, for each week of camp we offer structured swim lessons for all ages.
- b. A swim report will be provided on Friday to campers to bring home.

**10. Is Financial Aid (FA) provided for camp?**

- a. We do offer the opportunity to apply for FA at our branch.
- b. For more information, please call us at 860-653-5524 or stop by our welcome desk.

**11. Are there field trip or guest entertainers?**

- a. Yes, we are planning to offer some field trips. We are waiting to hear more details on the State of CT guidelines this summer.
- b. A field trip of approval will be requested by parents on the week of field trips.

**12. What does a normal day look like?**

- a. 9:00 opening ceremonies
- b. 9:15 breakout into activities/ team building activities.
- c. 10:00 swimming or swim lessons
- d. 11:00 activities or archery (ages 7+)
- e. 12:00 lunch
- f. 1:00 arts & crafts
- g. 2:00 nature or exploration in our woods
- h. 3:00 sports games, field games, climbing wall, gaga or gymnastics.
- i. 3:30 closing ceremonies
- j. 4:00 Dismissal

**13. Rainy day activities?**

- a. Our camps are held at a YMCA facility, so we can use our indoor spaces during this time. This includes our gymnasium, community rooms, climbing wall, gymnastics space, and activity center.
- b. Campers are provided games, sports, arts and crafts and other activities during rainy days.

**14. Does the preschool camp mix with Camp Farmington Valley?**

- a. Due to the age difference our preschool camp is a separate camp from our traditional camp.
- b. Our preschool camp may participate in a few traditional camp activities at times.

**15. Does the preschool camp take field trips?**

- a. No, the preschool camp does not take field trips but there are entertainers or age-appropriate activities for this group that will be scheduled throughout the summer.

**16. What to leave at home?**

- a. Personal Toys
- b. Electronic equipment. Toys (cell phones, gaming devices, tablets...etc.)
- c. Trading and game cards



**17. What to bring to camp?**

- a. Sunscreen
- b. Water Bottle
- c. Insulated Lunch bag and Snack (preferably peanut free)
- d. Swimsuit and Towel (goggles)
- e. Sneakers/ Closed Toed Shoes
- f. Complete change of clothes
- g. Backpack
- h. Basketball hat, visor, or sunglasses
- i. Sweatshirt if need be.
- j. Face Mask

**18. How much does camp cost?**

- a. 1-week session: \$290
- b. 2-week Session: \$520
- c. Preschool Half Day: \$150
- d. Preschool Full Day: \$300

**19. How are the campers sorted?**

- a. Campers are sorted into units by grade.
  - i. Preschool
  - ii. Fawns (entering kindergarten)
  - iii. Bucks and Does (entering 1st or 2nd grade)
  - iv. Rascals (entering 3rd or 4th grade)
  - v. PioRangers (entering 5th-8th grade)

**20. Does AM and PM Care cost extra?**

- a. No! It is included in camp pricing.
- b. AM Care 8:00AM-9:00AM
- c. PM Care: 4:00PM-5:00PM

**For any questions please contact:**

- Email: [Campfvy@ghymca.org](mailto:Campfvy@ghymca.org)
- Phone: 860-653-5524