



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

860.871.0008 • IndianValleyFamilyYMCA.org

WINTER SCHEDULE • March 29, 2021- July 3, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	7:00a-8:00a Lap Swim (8 lanes)	7:00a-8:45a Lap Swim (8 lanes)
9:00-12:00p Lap swim (8 Lanes)	9:00-10:00p Lap swim (4 Lanes) Water Exercise (Lanes 5-8)	9:00-12:00p Lap swim (8 Lanes)	9:00-12:00p Lap swim (8 Lanes) Water Exercise (Lanes 5-8)	9:00-10:00a Lap swim (4 Lanes) Water Exercise (Lanes 5-8)	8:00- 8:45a Water Exercise (Lanes 5-8)	8:45a-12:00p Lap swim (8 Lanes)
12:00-3:00p Lap Swim (8 Lanes)	10:00-3:00p Lap Swim (8 Lanes)	12:00-3:00p Lap Swim (8 Lanes)	12:00-3:00p Lap Swim (8 Lanes)	10:00-3:00p Lap Swim (8 Lanes)	8:45a-12:30p Swim Lessons (2 lanes)	Pool Closes at 12:30p
3:00-4:00p Lap Swim (Lanes 1-8)	3:00-4:30p Lap Swim (Lanes 1-8)	3:00-4:00p Lap Swim (Lanes 1-8)	3:00-4:30p Lap Swim (Lanes 1-8)	3:00-4:00p Lap Swim (Lanes 1-8)	Lap swim (6 Lanes)	
4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:30-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:30-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	Pool Closes at 12:30p	
Pool Closes at 6:00p	Pool Closes at 6:30p	Pool Closes at 6:00p	Pool Closes at 6:30p	Pool Closes at 6:00p		

IMPORTANT INFORMATION

Lap swim: Two people per lane if they are members of the same household.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.

Must Shower before entering the pool.

Private Swim lesson and other programs vary in days/times in the lap pool without notice.

Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

COLOR KEY:

Swim Lessons

Water Exercise

Swim Team

Family Swim

Water Walking/Lap Swim

Private lessons

Pool Rental

Updated 3.16.2021



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INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE - WARM WATER POOL

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WINTER SCHEDULE • March 29, 2021 – July 3, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00a-10:00a Water Walking (3 Lanes) 10:00a-11:30p Water Walking (3 Lanes) Swim Lessons (1 lane) Family Swim (1 Lane) 11:30p-2:00p Water Walking (3 Lanes) Family Swim (2 Lanes) 2:00p-6:00p Water Walking (2 Lanes) Swim Lessons Family Swim (1 Lanes) Pool Closes at 6:00p	9:00a-10:00a Water Walking (3 Lanes) 10:00a-12:30p Water Walking (3 Lanes) 12:30p-2:00p Water Walking (3 Lanes) Family Swim (2 Lanes) 3:00p-4:30p Water Walking (1 Lane) Family Swim (2 Lanes) 4:30p-6:00p Water Walking Family Swim (2 Lanes) Swim Team (2 Lanes) Pool Closes at 6:00p	9:00a-10:00a Water Walking (3 Lanes) 10:00a-12:30p Water Walking (3 Lanes) Family Swim (2 Lanes) 12:30-2:00p Water Walking (3 Lanes) Family Swim (2 Lanes) 2:00p-5:30p Swim Lessons Water Walking (2 Lanes) 5:30p-6:00p Water Walking (3 Lanes) Family Swim (2 Lanes) Pool Closes at 6:00p	9:00a-10:00a Water Walking (3 Lanes) 10:00a-12:00p Swim lessons (1 lane) Water Walking (3 Lanes) 12:00p-2:00p Water Walking Family Swim 3:00p-4:30p Water Walking (1 Lane) Family Swim (2 Lanes) 4:30p-6:00p Water Walking Family Swim (2 Lanes) Swim Team (2 Lanes) Pool Closes at 6:00p	9:00a-10:00a Water Walking (3 Lanes) 10:00a-12:30p Swim Lessons (1 lane) Water Walking (3 Lanes) 12:30p-2:00p Water Walking (3 Lanes) Family Swim (2 Lanes) 2:00p-6:00p Water Walking (2 lanes) Swim lessons Family Swim (1 Lanes) Pool Closes at 6:00p	8:00-8:30a Water Walking (3 Lanes) 8:30a-12:30p Swim lessons (3 lanes) Water Walking (2 Lanes) Pool Closes at 12:30p	8:00-9:00a Water Walking (3 Lanes) 9:00a-12:30p Family Swim (2 Lanes) Water Walking (3 Lanes) Pool Closes at 12:30p

IMPORTANT INFORMATION

Water Walking: Two people may be in the same lane if members of the same household.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.
- Must Shower before entering the pool.
- Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.
- When Swim Lessons, Private Lessons are scheduled lane space will vary

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

ECHN-pool times vary Monday-Friday
Private Swim Lessons and Swim
lessons vary in days/times. *Parents
with children 7 and younger MUST BE
IN THE POOL WITHIN ARMS REACH
OF THEM AT ALL TIMES.
We follow TEST MARK PROTECT
Updated 3.16.2021