



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE - WARM WATER POOL

**860.871.0008 • IndianValleyFamilyYMCA.org**

**WINTER SCHEDULE • March 1, 2021 – March 28, 2021**

## MONDAY

**9:00a-10:00a**  
Water Walking  
(3 Lanes)  
**10:00a-11:30p**  
Water Walking  
(3 Lanes)  
**Swim Lessons**  
(1 lane)  
**Family Swim**  
(1 Lane)  
**11:30p-2:00p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**2:00p-6:00p**  
Water Walking  
(2 Lanes)  
**Swim Lessons**  
**Family Swim**  
(1 Lanes)  
**Pool Closes at 6:00p**

## TUESDAY

**9:00a-10:00a**  
Water Walking  
(3 Lanes)  
**10:00a-12:30p**  
Water Walking  
(3 Lanes)  
**12:30p-2:00p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**3:00p-4:30p**  
Water Walking  
(1 Lane)  
**Family Swim**  
(2 Lanes)  
**4:30p-6:00p**  
Water Walking  
**Family Swim**  
(2 Lanes)  
**Swim Team**  
(2 Lanes)  
**Pool Closes at 6:00p**

## WEDNESDAY

**9:00a-10:00a**  
Water Walking  
(3 Lanes)  
**10:00a-12:30p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**12:30-2:00p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**2:00p-5:30p**  
**Swim Lessons**  
Water Walking  
(2 Lanes)  
**5:30p-6:00p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**Pool Closes at 6:00p**

## THURSDAY

**9:00a-12:00p**  
Water Walking  
(3 Lanes)  
**12:30p-2:00p**  
Water Walking  
**Family Swim**  
**3:00p-4:30p**  
Water Walking  
(1 Lane)  
**Family Swim**  
(2 Lanes)  
**4:30p-6:00p**  
Water Walking  
**Family Swim**  
(2 Lanes)  
**Swim Team**  
(2 Lanes)  
**Pool Closes at 6:00p**

## FRIDAY

**9:00a-10:00a**  
Water Walking  
(3 Lanes)  
**10:00a-12:30p**  
Water Walking  
(3 Lanes)  
**12:30p-2:00p**  
Water Walking  
(3 Lanes)  
**Family Swim**  
(2 Lanes)  
**2:00p-6:00p**  
Water Walking  
(2 lanes)  
**Swim lessons**  
**Family Swim**  
(1 Lanes)  
**Pool Closes at 6:00p**

## SATURDAY

**8:00-8:30a**  
Water Walking  
(3 Lanes)  
**8:30a-12:30p**  
**Family Swim**  
(1 lane)  
**Swim lessons**  
Water Walking  
(2 Lanes)  
**Pool Closes at 12:30p**

## SUNDAY

**8:00-9:00a**  
Water Walking  
(3 Lanes)  
**9:00a-12:30p**  
**Family Swim**  
(2 Lanes)  
Water Walking  
(3 Lanes)  
**Pool Closes at 12:30p**

### IMPORTANT INFORMATION

Water Walking: Two people may be in the same lane if members of the same household.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.
- Must Shower before entering the pool.
- Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.
- When Swim Lessons, Private Lessons are scheduled lane space will vary

Pool schedule is subject to change without notice.

For updates, visit [www.IndianValleyFamilyYMCA.org](http://www.IndianValleyFamilyYMCA.org) or like us on Facebook.

**ECHN-pool times vary Monday-Friday**  
**Private Swim Lessons and Swim lessons vary in days/times. \*Parents with children 7 and younger MUST BE IN THE POOL WITHIN ARMS REACH OF THEM AT ALL TIMES.**  
**We follow TEST MARK PROTECT**  
**Updated 2.16.2021**



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# INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

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WINTER SCHEDULE • March 1, 2021- March 28, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5:15-9:00a</b> Lap Swim (8 lanes)	<b>5:15-9:00a</b> Lap Swim (8 lanes)	<b>5:15-9:00a</b> Lap Swim (8 lanes)	<b>5:15-9:00a</b> Lap Swim (8 lanes)	<b>5:15-9:00a</b> Lap Swim (8 lanes)	<b>7:00a-8:00a</b> Lap Swim (8 lanes)	<b>7:00a-8:45a</b> Lap Swim (8 lanes)
<b>9:00-12:00p</b> Lap swim (8 Lanes)	<b>9:00-10:00p</b> Lap swim (4 Lanes) <b>Water Exercise</b> (Lanes 5-8)	<b>9:00-12:00p</b> Lap swim (8 Lanes)	<b>9:00-12:00p</b> Lap swim (8 Lanes) <b>Water Exercise</b> (Lanes 5-8)	<b>9:00-10:00a</b> Lap swim (4 Lanes) <b>Water Exercise</b> (Lanes 5-8)	<b>8:00- 8:45a</b> <b>Water Exercise</b> (Lanes 5-8)	<b>8:45a-12:00p</b> Lap swim (8 Lanes)
<b>12:00-3:00p</b> Lap Swim (8 Lanes)	<b>10:00-3:00p</b> Lap Swim (8 Lanes) <b>3:00-4:30p</b> <b>Pool Rental</b> (Lanes 3-7) Lap Swim (Lanes 1,2,8)	<b>12:00-3:00p</b> Lap Swim (8 Lanes)	<b>12:00-3:00p</b> Lap Swim (8 Lanes)	<b>10:00-3:00p</b> Lap Swim (8 Lanes) <b>3:00-4:00p</b> <b>Pool Rental</b> (Lanes 3-7) Lap Swim (Lanes 1,2,8)	<b>8:45a-12:30p</b> <b>Swim Lessons</b> (1 lane) Lap swim (7 Lanes)	<b>Pool Closes at 12:30p</b>
<b>3:00-4:00p</b> <b>Pool Rental</b> (Lanes 3-7) Lap Swim (Lanes 1,2,8)	<b>4:30-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7)	<b>3:00-4:00p</b> <b>Pool Rental</b> (Lanes 3-7) Lap Swim (Lanes 1,2,8)	<b>3:00-4:30p</b> <b>Pool Rental</b> (Lanes 3-7) Lap Swim (Lanes 1,2,8)	<b>4:00-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7)	<b>Pool Closes at 12:30p</b>	
<b>4:00-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7) <b>Pool Closes at 6:00p</b>	<b>4:30-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7) <b>Pool Closes at 6:30p</b>	<b>4:00-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7) <b>Pool Closes at 6:00p</b>	<b>4:30-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7) <b>Pool Closes at 6:30p</b>	<b>4:00-6:00p</b> Lap Swim (Lane 8) <b>Swim Team</b> (Lane 1-7) <b>Pool Closes at 6:00p</b>		

## IMPORTANT INFORMATION

Lap swim: Two people per lane if they are members of the same household.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.

Must Shower before entering the pool.

**Private Swim lesson and other programs vary in days/times in the lap pool without notice.**

Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.

Pool schedule is subject to change without notice.

For updates, visit [www.IndianValleyFamilyYMCA.org](http://www.IndianValleyFamilyYMCA.org) or like us on Facebook.

## COLOR KEY:

**Swim Lessons**

**Water Exercise**

**Swim Team**

**Family Swim**

**Water Walking/Lap Swim**

**Private lessons**

**Pool Rental**

**Updated 2.17.2021**