HALE YMCA Youth & Family Center

Aquatics Schedule - Lap Pool



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY **Session -** Winter 1/4/21-3/28/2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool Opens 5 AM	Pool Opens 5 AM	Pool Opens 5 AM	Pool Opens 5 AM	Pool Opens 5 AM	Pool Opens 7 AM	Pool Opens 7 AM
5:00 AM - 7:00 AM	5:00 AM - 8:45 AM	5:00 AM - 7:00 AM	5:00 AM - 8:45 AM	5:00 AM - 7:00 AM	7:00 AM - 8:45 AM	7:00 AM - 11:00 AM
Lap Swim (4 Lanes)	Lap Swim (8 Lanes)	Lap Swim (4 Lanes)	Lap Swim (8 Lanes)	Lap Swim (4 Lanes)	Lap Swim (8 Lanes)	Lap Swim (8 Lanes)
Masters Swim (4 lanes) 7:00AM - 8:45 AM Lap Swim (8 Lanes) 8:45 AM - 10:00 AM	8:45 AM - 10:00 AM Aqua Fitness Only 10:00 AM - 4:30 PM	Masters Swim (4 lanes) 7:00AM - 8:45 AM Lap Swim (8 Lanes) 8:45 AM - 10:00 AM	8:45 AM - 10:00 AM Aqua Fitness Only 10:00 AM - 4:30 PM	Masters Swim (4 lanes) 7:00AM - 8:45 AM Lap Swim (8 Lanes)	8:45 AM - 9:30 AM Lap Swim (3Lanes) Aqua Fitness (5 lanes) 9:30 AM - 10:00 AM	11:00 AM - 12:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 12:00 PM - 12:30 PM
Aqua Fitness Only	Lap Swim (8 Lanes)	Aqua Fitness Only	Lap Swim (8 Lanes)	8:45 AM - 10:00 AM Aqua Fitness Only	Aqua Fitness (5 lanes) Swim Lessons (2 lanes)	Lap Swim (8 Lanes)
10:00 AM - 4:30 PM Lap Swim (8 Lanes) 4:30PM - 6:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 6:00PM - 6:30 PM Lap Swim (6 Lanes) Youth Swim (2 lanes)	4:30PM - 6:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 6:00PM - 6:30 PM Lap Swim (6 Lanes) Youth Swim (2 lanes)	10:00 AM - 4:30 PM Lap Swim (8 Lanes) 4:30PM - 6:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 6:00PM - 6:30 PM Lap Swim (6 Lanes) Youth Swim (2 lanes)	4:30PM - 6:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 6:00PM - 6:30 PM Lap Swim (6 Lanes) Youth Swim (2 lanes)	10:00 AM - 4:30 PM Lap Swim (8 Lanes) 4:30PM - 6:30 PM Lap Swim (6Lanes) Youth Swim (2 lanes)	10:00 AM - 12:00 PM Lap Swim (5Lanes) Swim Lessons (2 lanes) 12:00 PM - 12:30 PM Lap Swim (8 Lanes)	
Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 12:30 PM	Pool Closes 12:30 PM

^{*}While Group Swim Lessons are being held, there must be an empty lane separating the lesson from the lap swimmers

HALE YMCA Youth & Family Center

Aquatics Schedule - Warm Water Pool



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Session - Winter 1/4/21-3/28/2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool Opens 9 AM	Pool Opens 9 AM	Pool Opens 9 AM	Pool Opens 9 AM	Pool Opens 9 AM	Pool Opens 9 AM	Pool Opens 9 AM
9:00 AM - 1:00 PM	9:00 AM - 10:00 AM	9:00 AM - 1:00 PM	9:00 AM - 11:15 AM	9:00 AM - 1:00 PM	9:00 AM - 11:30 AM	9:00 AM - 11:15 AM
Open Swim (4 lanes)	Open Swim (4 lanes)	Open Swim (4 lanes)	Open Swim (4 lanes)	Open Swim (4 lanes)	Swim Lessons (2 lanes) Open Swim (2 lanes)	Swim Lessons (2 lanes) Open Swim (2 lanes)
1:00 PM - 3:00 PM	10:00 AM - 11:15 AM Swim Lessons (1 lane)	1:00 PM - 3:00 PM	11:15 AM - 12:30 PM Gentle Joints Only	1:00 PM - 3:00 PM	11:15 AM - 12:30 PM	11:15 AM - 12:30 PM
Hybrid Swim ONLY	Open Swim (3 lanes)	Hybrid Swim Only	Centile volume of the	Hybrid Swim Only	Open Swim (4 lanes)	Open Swim (4 lanes)
3:00 PM - 4:30 PM	11:15 AM - 12:30 PM	3:00 PM - 4:30 PM	1:00 PM - 3:00 PM	3:00 PM - 6:30 PM Open Swim (4 lanes)		
Open Swim (4 lanes)	Gentle Joints Only	Open Swim (4 lanes)	Hybrid Swim Only			
4:30 PM - 6:15 PM Swim Lessons (2 lanes) Open Swim (2 lanes)	12:30 PM - 1:00 PM Open Swim (4 lanes)	4:30 PM - 6:15 PM Swim Lessons (2 lanes) Open Swim (2 lanes)	3:00 PM - 4:30 PM Open Swim (4 lanes)			
6:15 PM - 6:30 PM	1:00 PM - 3:00 PM	6:15 PM - 6:30 PM	4:00 PM - 6:15 PM			
Open Swim (4 lanes)	Hybrid Swim ONLY	Open Swim (4 lanes)	Swim Lessons (2 lanes) Open Swim (2 lanes)			
	3:00 PM - 4:30 PM					
	Open Swim (4 lanes)		6:15 PM - 6:30 PM			*Please bring your
	4:30 PM - 6:15 PM Swim Lessons (2 lanes)		Open Swim (4 lanes)			own noodle/pool toys and Coast
	Open Swim (2 lanes)					Guard approved
	6:15 PM - 6:30 PM					personal floatation
	Open Swim (4 lanes)					device
Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 6:30 PM	Pool Closes 12:30 PM	Pool Closes 12:30 PM

*Warm Water Pool is Closed every Monday - Friday 1pm-3pm for Hybrid Swim and every Tuesday and Thursday 11:15a-12:30p for Aqua Fitness Class