



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE – LAP POOL

860.871.0008 • IndianValleyFamilyYMCA.org

FALL SCHEDULE • OCTOBER 12, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	5:15-9:00a Lap Swim (8 lanes)	7:00a-8:00a Lap Swim (8 lanes)	7:00-9:00a Lap Swim (8 lanes)
9:00-12:00p Lap swim (8 Lanes)	9:00-10:00p Lap swim (4 Lanes) Water Exercise (Lanes 5-8)	9:00-12:00p Lap swim (8 Lanes)	9:00-12:00p Lap swim (8 Lanes) Water Exercise (Lanes 5-8)	9:00-10:00a Lap swim (4 Lanes) Water Exercise (Lanes 5-8)	8:00- 8:45a Water Exercise (Lanes 5-8)	9:00-12:00p Lap swim (8 Lanes)
12:00-3:00p Lap Swim (8 Lanes)	10:00-3:00p Lap Swim (8 Lanes)	12:00-3:00p Lap Swim (8 Lanes)	12:00-3:00p Lap Swim (8 Lanes)	10:00-3:00p Lap Swim (8 Lanes)	8:45a-3:30p Lap swim (8 Lanes)	12:00-3:30p Lap Swim (8 Lanes)
3:00-4:00p Pool Rental (Lanes 3-7) Lap Swim (Lanes 1,2,8)	3:00-4:30p Pool Rental (Lanes 3-7) Lap Swim (Lanes 1,2,8)	3:00-4:00p Pool Rental (Lanes 3-7) Lap Swim (Lanes 1,2,8)	3:00-4:30p Pool Rental (Lanes 3-7) Lap Swim (Lanes 1,2,8)	3:00-4:00p Pool Rental (Lanes 3-7) Lap Swim (Lanes 1,2,8)	Pool Closes at 3:30p	Pool Closes at 3:30p
4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:30-6:30p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:30-6:30p Lap Swim (Lane 8) Swim Team (Lane 1-7)	4:00-6:00p Lap Swim (Lane 8) Swim Team (Lane 1-7)		
Pool Closes at 6:00p	Pool Closes at 6:30p	Pool Closes at 6:00p	Pool Closes at 6:30p	Pool Closes at 6:00p		

IMPORTANT INFORMATION

Lap swim: Two people per lane. Please remain socially distant and start at opposite ends.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.

Must Shower before entering the pool.

Swim lesson vary in days/times in the lap pool.

Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

COLOR KEY:

Water Exercise

Swim Team

Family Swim

Water Walking/Lap Swim

Swim Lessons

Pool Rental



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INDIAN VALLEY FAMILY YMCA AQUATICS SCHEDULE - WARM WATER POOL

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FALL SCHEDULE • OCTOBER 12, 2020

MONDAY

7:30a-10:00a
Water Walking
(3 Lanes)

10:00a-12:30p
Swim Lessons
Water Walking

12:30p-3:00p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

3:00p-6:30p
Water Walking
Swim Lessons
Family Swim
(2 Lanes)

**Pool Closes at
6:30p**

TUESDAY

7:30a-10:00a
Water Walking
(3 Lanes)

10:00a-12:30p
Water Walking
(3 Lanes)

12:30p-3:00p
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

3:00p-4:30p
Water Walking
(1 Lane)

Family Swim
(2 Lanes)

4:30p-6:30p
Water Walking
Family Swim
(2 Lanes)

Swim Team
(2 Lanes)

**Pool Closes at
6:30p**

WEDNESDAY

7:30a-9:00a
Water Walking
(3 Lanes)

9:00a-12:30p
Water Walking
(1 Lanes)

***Water Exercise**
(Lanes 3 & 2)

Family Swim
(2 Lanes)

12:30-2:00p
Water Walking
(3 Lanes)

Family Swim
(2 Lanes)

2:00p-5:00p
Swim Lesson

Water Walking
5:00p-6:30p
Water Walking

Family Swim
(2 Lanes)

**Pool Closes at
6:30p**

THURSDAY

7:30a-10:00a
Water Walking
(3 Lanes)

10:00a-12:30p
Swim Lessons
Water Walking

12:30p-3:00p
Water Walking
Family Swim

3:00p-4:30p
Water Walking
(1 Lane)

Family Swim
(2 Lanes)

4:30p-6:30p
Water Walking
Family Swim
(2 Lanes)

Swim Team
(2 Lanes)

**Pool Closes at
6:30p**

FRIDAY

7:30a-10:00a
Water Walking
(3 Lanes)

10:00a-12:30p
Swim Lessons
Water Walking
(3 Lanes)

12:30p-3:00p
Water Walking
(3 Lanes)

Family Swim
(2 Lanes)

3:00p-6:30p
Water Walking
Family Swim
(2 Lanes)

**Pool Closes at
6:30p**

SATURDAY

7:00-9:00a
Water Walking
(3 Lanes)

9:00a-12:00p
Swim Lessons
Water Walking
(3 Lanes)

***No Open
Family Swim***

12:00-3:30p
Water Walking
(3 Lanes)

Family Swim
(2 Lanes)

**Pool Closes at
3:30p**

SUNDAY

7:00a-9:00a
Water Walking
(3 Lanes)

9:00a-11:00a
Swim Lessons

11:00a-3:30p
Water Walking
(3 Lanes)

Family Swim
(2 Lanes)

**Pool Closes at
3:30p**

IMPORTANT INFORMATION (*starts on 10.21.2020)

Water Walking: Two people per lane. Please remain socially distant and start at opposite ends.

- Bring your own pool equipment
- Maximum swim time is 30 minutes.
- Must Shower before entering the pool.
- Masks must be worn on deck at all times. Masks may be removed when swimmers enter the water.
- When Swim Lessons, Private Lessons are scheduled lane space will vary

Pool schedule is subject to change without notice.

For updates, visit www.IndianValleyFamilyYMCA.org or like us on Facebook.

Family Swim: First come first serve.

ECHN-pool times vary Monday-Friday
Swim Lessons vary in days/times.

***Parents with children 7 and younger**
MUST BE IN THE POOL WITHIN ARMS
REACH OF THEM AT ALL TIMES.
We follow TEST MARK PROTECT