

HALE YMCA Youth & Family Center

Aquatics Schedule - Lap Pool



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Session - Fall 1

9/14/20-10/25/2020

MONDAY

Pool Opens 5 AM

5:00 AM - 8:45PM

Lap Swim (8 Lanes)

8:45 AM - 10:00 AM

Lap Swim (3Lanes)
Aqua Fitness (5 lanes)

10:00 AM - 4:30 PM

Lap Swim (8 Lanes)

4:30PM - 6:45pm

Lap Swim (3Lanes)
Swim Team (5lanes)

Pool Closes 6:45 PM

TUESDAY

Pool Opens 5 AM

5:00 AM - 4:30 PM

Lap Swim (8 Lanes)

4:30PM - 6:45pm

Lap Swim (3Lanes)
Swim Team (5lanes)

Pool Closes 6:45 PM

WEDNESDAY

Pool Opens 5 AM

5:00 AM - 8:45PM

Lap Swim (8 Lanes)

8:45 AM - 10:00 AM

Lap Swim (3Lanes)
Aqua Fitness (5 lanes)

10:00 AM - 4:30 PM

Lap Swim (8 Lanes)

4:30PM - 6:45pm

Lap Swim (3Lanes)
Swim Team (5lanes)

Pool Closes 6:45 PM

THURSDAY

Pool Opens 5 AM

5:00 AM - 4:30 PM

Lap Swim (8 Lanes)

4:30PM - 6:45pm

Lap Swim (3Lanes)
Swim Team (5lanes)

Pool Closes 6:45 PM

FRIDAY

Pool Opens 5 AM

5:00 AM - 8:45 AM

Lap Swim (8 Lanes)

8:45 AM - 10:00 AM

Lap Swim (3Lanes)
Aqua Fitness (5 lanes)

10:00AM - 4:30 PM

Lap Swim (8 Lanes)

4:30PM - 6:45pm

Lap Swim (3Lanes)
Swim Team (5lanes)

Pool Closes 6:45 PM

SATURDAY

Pool Opens 7 AM

7:00 AM - 8:45 AM

Lap Swim (8 Lanes)

8:45 AM - 10:00 AM

Lap Swim (3Lanes)
Aqua Fitness (5 lanes)

10:00AM - 3:45 PM

Lap Swim (8 Lanes)

Pool Closes 3:45
PM

SUNDAY

Pool Opens 7 AM

7:00 AM - 3:45 PM

Lap Swim (8 Lanes)

Pool Closes 3:45
PM

HALE YMCA Youth & Family Center

Aquatics Schedule - Warm Water Pool



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Session - Fall 1

9/14/20-10/25/20

MONDAY

Pool Opens 9 AM

9:00 AM - 2:00 PM

Open Swim

2:00 PM - 3:30 PM

Hybrid Swim ONLY

3:30 PM - 4:00 PM

Open Swim

4:00 PM - 4:45 PM

Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

4:45 PM - 6:00 PM

Swim Lessons Lanes 1/2
Open Swim Lanes 3/4

6:00 PM - 6:45 PM

Open Swim

Pool Closes 6:45 PM

TUESDAY

Pool Opens 9 AM

9:00 AM - 10:00 AM

Open Swim

10:00 AM - 11:00 AM

Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

11:00 AM - 11:45 AM

Swim Lessons Lanes 1/2
Open Swim Lanes 3/4

11:45 AM - 2:00 PM

Open Swim

2:00 PM - 3:30 PM

Hybrid Swim ONLY

3:30 PM - 6:45 PM

Open Swim

Pool Closes 6:45 PM

WEDNESDAY

Pool Opens 9 AM

9:00 AM - 2:00 PM

Open Swim

2:00 PM - 3:30 PM

Hybrid Swim Only

3:30 PM - 4:00 PM

Open Swim

4:00 PM - 6:30 PM

Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

6:30 PM - 6:45 PM

Open Swim

Pool Closes 6:45 PM

THURSDAY

Pool Opens 9 AM

9:00 AM - 2:00 PM

Open Swim

2:00 PM - 3:30 PM

Hybrid Swim Only

3:30 PM - 4:00 PM

Open Swim

4:00 PM - 5:00 PM

Swim Lessons Lanes 2/3
Open Swim Lanes 1/4

5:00 PM - 6:00 PM

Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

6:00 PM - 6:45 PM

Open Swim

Pool Closes 6:45 PM

FRIDAY

Pool Opens 9 AM

9:00 AM - 2:00 PM

Open Swim

2:00 PM - 3:30 PM

Hybrid Swim Only

3:30 PM - 6:45 PM

Open Swim

Pool Closes 6:45 PM

SATURDAY

Pool Opens 9 AM

9:00 AM - 9:30 AM
Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

9:30 AM - 10:45 AM

Swim Lessons Lanes 1/2
Open Swim Lanes 3/4

10:45 AM - 11:15 AM

Swim Lessons Lanes 2/3
Open Swim Lanes 1/4

11:15 AM - 3:45 PM

Open Swim

Pool Closes 3:45 PM

SUNDAY

Pool Opens 9 AM

9:00 AM - 11:15 AM
Swim Lessons Lanes 3/4
Open Swim Lanes 1/2

11:15 AM - 3:45 PM

Open Swim

*Please bring your own noodle/pool toys and Coast Guard approved personal floatation device

Pool Closes 3:45 PM

***One family or adult swimmer per lane, sign up at pool for your lane. First come first serve **Please note we are reserving 30 minute time slots.**