



AQUATICS SCHEDULE - LAP POOL

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

www.farmingtonvalleyYMCA.org

860 653 5524

Summer

July 19th - July 31st

posted 7.17.2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
LANE 1 LANE 2 LANE 3 LANE 4 LANE 5 LANE 6 LANE 7 LANE 8	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	5:00am-6:30pm Lap Swim 6:30pm-9:00pm Swim Team	7:00am-3:30pm Lap Swim 4:00pm-7:00pm Swim Team	
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IMPORTANT INFORMATION

During Lap Swim, swimmers must swim full pool lengths continuously. "Circle Swimming" rules apply when two or more swimmers share a lane. Please allow faster swimmers to pass when Instructors may request that Lap Swimmers share lanes to accommodate private swimming lessons or Green Wrist Band Tests. We appreciate your cooperation.

There may be times where only one lap lane is available to lap swimmers, we appreciate your patience and cooperation during these times. **The length of the lap pool is 25 yards**

Please follow Pool Deck Layout



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Summer

July 19 - July 31st

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
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IMPORTANT INFORMATION - A SAFE POOL IS A FUN POOL!

All swimmers age 16 & younger must be swim tested.
All swimmers age 16 & younger must have a green band to swim in the Lap Pool, 5ft and 12ft areas of the pool.
All non-swimmers must wear an approved PFD. (Coast Guard Approved)
All non-swimmers must be within arm's reach of an adult while in the water.
No food or glass containers are allowed on the pool deck, only water is allowed.
Strollers with children must be adjacent to the bleachers and never left unattended.
Headfirst diving permitted in the 12ft section only.

Have you had your SWIM TEST?

Remember to wear your green wrist band! A lifeguard will ask you to exit the pool without it.
Need another one? No problem - bands can be purchased for \$1 at the front desk.

IMPORTANT FACILITY INFORMATION

All pool areas close 30 minutes prior to the facility.
Please make sure you have proper swim attire before entering the water, bathing suits are required.
The minimum age to use the whirlpool, steam room and suana is 18 years.
Pools close for 30 minutes after each evidence of thunder or lightning.
Visit our website for up to the hour ALERTS or CLOSURES:
We must maintain a ratio of 1 lifeguard to 25 people in the pool. If we exceed that ratio we will close the pool to incoming members.
www.farmingtonvalleyYMCA.org

MAKE A SPLASH!

Have your next birthday party at the Y! See Member Services for more information!

IMPORTANT

SWIM LESSONS 4:30-6 WED & FRI