



REOPENING EMAIL SERIES

Email 6: Your Branch Specifics

To our YMCA members, friends and community,

Tomorrow's the day we've all been waiting for! We are so very excited to welcome you all #backwhereyoubelong -- at the YMCA.

In preparation, we have curated some information for each branch that you should know, which you'll find below. In addition, we have a comprehensive [Welcome Back Guide](#), which goes over all of the changes, policies and procedures we will have in place. We also put together [a new page on our website](#) with all the signage so you can have a sneak peak!



We have spent the past 3 months working hard to ensure we are ready for you, but please be patient as we explore this new territory! If you have any questions or suggestions, do not hesitate to reach out.

As a reminder, please review the first five emails from our reopening series:

- [The first email](#) went over group fitness classes, personal training and small group training.



- The second email reviewed gymnasiums and sports.
- The third email addressed pools, aquatics and locker rooms.
- The fourth email was dedicated to masks, updated pool information, waivers, and guests.
- The fifth email provided information on our cleaning policies and check-in procedures.

One more note: We will be calling the YMCA's reopening procedures "Steps" to differentiate from the state's "phases." The YMCA of Greater Hartford's branches will enter our Step 1 on Monday, June 22. We will communicate with you on when Steps 2 and 3 will start, and what those will look like.

As we reopen and move through our steps, we will continue to take input and guidance from our partners, such as Trinity Health Of New England; the state; the CDC; and YMCAs across the country who have reopened before us. Our partnership with Trinity Health has been extremely helpful, and they worked with us to create this amazing video:

Trinity Health & The YMCA Video

We also created a series of branch-specific welcome back videos!

YMCA Welcome Back Videos

If you have any questions, please reply to this email, call our branches, or stop on by after June 22.

YOUR BRANCH: WHAT'S NEW

Downtown Hartford YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

Downtown Reopening Video

Hours:

- Monday-Friday: 7am to 7pm
- Saturday-Sunday: 9am to 1pm

Things to know:



- We have a self check-in! Please bring your keycard or cell phone with the keycard on it.
- Our stairways will be a little bit different. After checking in, you will go down the normal way, and if you want to go to the bottom floor will continue on the other side of the elevator. However, if you are coming back up from the pool or locker room, please use the spiral staircase, which is one way up. To reach the exit of the facility, please keep taking the stairs you would normally take.
- Towel and laundry service are temporarily suspended.
- The number of empty lockers for use will be reduced to ensure social distancing.
- Cardio equipment will be spaced 12 feet apart, and you do not need to wear a mask while utilizing.
- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.
- Our pool schedule has changed! [Please see it here.](#)

Farmington Valley YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

[Farmington Valley Reopening Video](#)

Hours:

- Monday-Friday: 7am to 7pm
- Saturday-Sunday: 7am to 4pm

Things to know:

- Please stay in your vehicle until 7am when we open to ensure our staff can safely enter the building and prepare for your arrival.
- We have a self check-in! Please bring your keycard or cell phone with the keycard on it.
- There will be a table in our lobby dedicated to signing waivers.
- Our stairways will be a little bit different. After checking in, you will go up by the gymnasium. You will come back down by the pool. Don't worry, we'll have signs up!
- Our pool schedule has changed! [Please see it here.](#)
- The pool deck will have one entrance and one exit. Please follow the signs.



- If you are using either of our pools, after 30 minutes please sign the whiteboard so that our lifeguards know who has been in longest if someone else comes to use the pool.
- Pool lanes are reserved to one person each.
- The multipurpose pool will have 2 layouts: Monday-Friday there will be 3 full-length lanes for therapeutic swimming only. Saturday and Sunday there will be 4 lanes for family and recreational swimming during the hours of 12-4pm.
- The number of empty lockers for use will be reduced to ensure social distancing.
- The Wellness Center will have directional signage. Please enter through the left doors when facing the Center from the outside (closest to our new "up" stairwell) and exit on the right, closest to the "down" stairwell.
- Cardio equipment will be spaced 12 feet apart, and you do not need to wear a mask while utilizing. We also set up an additional cardio studio in our Group Ex room with some spin bikes for you to use!
- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.

Hale YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

Hale Reopening Video

Hours:

- Monday-Friday: 7am to 7pm
- Saturday-Sunday: 7am to 4pm

Things to know:

- We have a self check-in! Please bring your keycard or cell phone with the keycard on it.
- Our building will have one entrance and one exit. Please enter by the Welcome Center, like you have in the past. When you are ready to go home, please exit by our Aquatics Center.
- Our pool schedule has changed! [Please see it here.](#)
- The number of empty lockers for use will be reduced to ensure social distancing. In addition, the family locker room will be closed to members until after 3:30pm Monday-Friday.
- Cardio equipment will be spaced 12 feet apart, and you do not need to wear a mask while utilizing.



- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.

Indian Valley YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

[Indian Valley Reopening Video](#)

Hours:

- Monday-Friday: 7am to 7pm
- Saturday-Sunday: 7am to 4pm

Things to know:

- We have a self check-in! Please bring your keycard or cell phone with the keycard on it.
- Our pool schedule has changed! [Please see it here](#).
- The number of empty lockers for use will be reduced to ensure social distancing.
- Cardio equipment will be spaced 12 feet apart, and you do not need to wear a mask while utilizing.
- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.

Wheeler YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

[Wheeler Reopening Video](#)

Hours:

- Monday-Friday: 7am to 7pm
- Saturday-Sunday: 7am to 4pm

Things to know:



- When you enter, you will go through a health screening and temperature check. You will also need to sign a new waiver.
- If your membership was on hold, we will ask you to sign another quick form to give us approval to take you off hold and begin charging your membership dues again.
- We have a self check-in! Please bring your keycard or cell phone with the keycard on it.
- Rinsing for swimming in the pool will take place on the multi-purpose pool deck. Unfortunately, showers in the locker room will be closed during Phase 1.
- Masks must be worn when entering and exiting the pool, but not while swimming.
- Please follow the one-way directional arrows on our pool deck areas.
- The multi-purpose pool will have two different set-ups. The first, during mornings and late afternoons, there will be eight 12 foot by 12 foot swim blocks to use for stretching, exercising and wading around (please bring your own equipment and life jacket). Friday nights and Saturday and Sunday afternoons are for family swim, and there will be five larger blocks for families.
- Camp swim will take place after lunch Monday through Thursday.
- The lap pool will have 4 lanes available at all times for 30 minutes per person, unless no one is waiting and then you may swim longer.
- Please enter and exit pool lanes on opposite sides, as indicated.
- Our pool schedule has changed! [Please see it here.](#)
- The number of empty lockers for use will be reduced to ensure social distancing.
- The Wellness Center side exit will be open for you to leave the facility from after you work out.
- The Wellness Centers has 22 open cardio pieces spaced 12 feet apart, and you do not need to wear a mask while utilizing.
- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.
- Child Watch, Amazing Kids, and the basketball gymnasium are all closed at this time. Exercise classes will also continue to be virtual, and not in person (this includes water exercise).

Wilson-Gray YMCA

We are so excited to have you back! We want you to feel comfortable with all the changes, so we created [a video](#) to show you how the Y will look a little bit different. Please take a look, and don't hesitate to ask us any question!

[Wilson-Gray Reopening Video](#)



Hours:

- Monday-Friday: 7am to 7pm
- Saturday: 8am to 2pm
- Sunday: Closed

Things to know:

- The number of empty lockers for use will be reduced to ensure social distancing.
- Cardio equipment will be spaced 12 feet apart, and you do not need to wear a mask while utilizing.
- Strength equipment will be spaced 6 feet apart, and you do need to wear a mask.