

AQUATICS SCHEDULE - LAP POOL



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

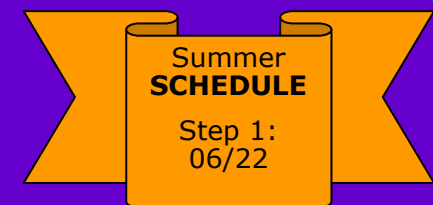
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00—9:00 am Lap Swim (8 Lanes)	7:00—9:00am Lap Swim (8 Lanes)	7:00—9:00 am Lap Swim (8 Lanes)	7:00—9:00 am Lap Swim (8 Lanes)	7:00—9:00 am Lap Swim (8 Lanes)	7:00—9:00 am Lap Swim (8 Lanes)	7:00—9:00 am Lap Swim (8 Lanes)
9:00a-12:00p Lap Swim (8 Lanes)	9:00a-12:00pm Lap Swim (8 Lanes)	9:00a-12:00 pm Lap Swim (8 Lanes)	9:00 a-12:00 p Lap Swim (8 Lanes)	9:00 a-12:00 pm Lap Swim (8 Lanes)	9:00 a-12:00 pm Lap Swim (8 Lanes)	9:00 a-12:00 pm Lap Swim (8 Lanes)
12:00-3:00pm Lap Swim (8 Lanes)	12:00—3:00 pm Lap Swim (8 Lanes)	12:00—3:00 pm Lap Swim (8 Lanes)	12:00—3:00 p Lap Swim (8 Lanes)	12:00—3:00 pm Lap Swim (8 Lanes)	12:00—3:30 pm Lap Swim (8 Lanes)	12:00—3:30 pm Lap Swim (8 Lanes)
3:00—6:30 pm Lap Swim (8 Lanes) Pool Closes at 6:30pm	3:00—6:30 pm Lap Swim (8 Lanes) Pool Closes at 6:30pm	3:00—6:30 pm Lap Swim (8 Lanes) Pool Closes at 6:30pm	3:00—6:30 pm Lap Swim (8 Lanes) Pool Closes at 6:30pm	3:00—6:30 pm Lap Swim (8 Lanes) Pool Closes at 6:30pm	Pool Closes at 6:30pm	Pool Closes at 3:30pm

IMPORTANT INFORMATION:

Lap Swim: **One person** per lane. NO SHARING LANES

- Bring your own pool equipment.
- Maximum swim time is **30 minutes**.
- Lap swimmers will use the whiteboard to reserve lanes by writing first name and start time.
- We ask that members keep a 6 foot distance from the guard chair.
- All members must rise /shower before entering the pool

Pool schedule is subject to change without notice. For updates, visit www.indianvalleyfamilyYMCA.org or like us on Facebook



AQUATICS SCHEDULE - Warm Water



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00-10:00 am
Water Walking
(2 Lane)/ECHN
(1 Lane)

10:00am-3:30p
Camp Swim
Water Walking/
ECHN
(3 Lanes)

3:30—6:30 pm
Water Walking
(3 Lanes)

**Pool Closes at
6:30pm**

TUESDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00—10:00am
Water Walking
(3 Lanes)

10:00am-3:30p
Camp Swim
Water Walking/
ECHN
(3 Lanes)

3:00—6:30 pm
Water Walking
(3 Lanes)

**Pool Closes at
6:30pm**

WEDNESDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00-10:00 am
Water Walking (2
Lanes)/ECHN
(1 Lanes)

10:00am-3:30p
Camp Swim
Water Walking/
ECHN
(3 Lanes)

3:30—6:30 pm
Water Walking
(3 Lanes)

**Pool Closes at
6:30pm**

THURSDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00-10:00 am
Water Walking
(2 Lanes)/ECHN
(1 Lanes)

10:00am-3:00p
Camp Swim
Water Walking/
ECHN
(2 Lanes)

3:30—6:30 pm
Water Walking
(3 Lanes)

**Pool Closes at
6:30pm**

FRIDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00-10:00am
Water Walking
(3 Lanes)

10:00am-3:00p
Camp Swim
Water Walking/
ECHN
(2 Lanes)

3:30—6:30 pm
Water Walking
(3 Lanes)

**Pool Closes at
6:30pm**

SATURDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00am-12:00p
Water Walking
(3 Lanes)

12:00—3:30pm
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

**Pool Closes at
3:30pm**

SUNDAY

7:00—9:00 am
Water Walking
(3 Lanes)

9:00am-12:00p
Water Walking
(3 Lanes)

12:00—3:30pm
Water Walking
(3 Lanes)
Family Swim
(2 Lanes)

**Pool Closes at
3:30pm**

Important information:

Water Walking: **One person per lane.** NO SHARING LANES

- Bring your own equipment.
- Maximum swim time is **30 minutes**.
- We ask that members keep a 6 foot distance from the guard chair.
- All members must rise /shower before entering the pool.

Family Swim: First come first serve

- Families will use the whiteboard to reserve lanes by writing name and start time.

Free Swim Information:

The YMCA of Greater Hartford has instituted a new swimming test model with a new wristband-marking system at all of its swimming pools. It is called Test.Mark.Protect. All children ages 16 years and younger will be provided a GREEN YELLOW, or RED wristband based on their swimming ability from the membership desk when checking in.

Pool schedule is subject to change. For updates, visit www.indianvalleyfamilyYMCA.org or like us on Facebook

***ECHN will use one lap lane**