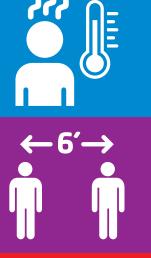
WELCOME BACK!

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HELP US CREATE A SAFE SPACE FOR ALL

Your safety and the safety of all of our members, guests and staff is paramount. Please be aware of the following safety precautions before entering our facility:









Wear your mask.

Masks or face coverings must be worn except during cardio exercise and swimming. Please bring your own mask.

We will take your temperature.

Everyone who enters our building will have their temperature checked. Members and staff who are running a fever may be refused admittance. In consideration for others, if you do not have a fever but feel ill, please return home. Additionally, you may be asked to use hand sanitizer upon entry and to wear a face mask.

Always maintain 6 feet of social distance.

This precaution begins immediately, even before entering our building. In some cases, the availability of equipment, features and spaces will be limited to ensure members are able to maintain separation. Signage has been placed throughout the building as reminders. Please be mindful of your surroundings, yourself and others at all times.

Facility access may be limited.

To comply with the the State of CT business requirement and social distancing protocols, we may need to limit the number of people and usage duration within our facility. This includes, but is not limited to, areas and equipment on the wellness floor, group exercise classes, swimming pool and other areas. You may experience additional wait times because of this limited capacity and to allow for sanitizing. We apologize for any inconvenience.

Your Y will look a little different.

We have made modifications to traffic flow and equipment. We need your help in taking these safety precautions seriously. Please note that anyone who fails to comply with these guidelines is putting others at risk and may be asked to leave the facility.

Wipe Down your equipment.

Help us to stop the spread of germs by wiping down all equipment before and after use, and wash your hands often.

Thank you for your patience and understanding!