Don’t forget to **WIPE DOWN YOUR EQUIPMENT** before and after use.

For a Safer Us.
GHYMCA.ORG
TRAIN HARDER TODAY THAN YOU DID YESTERDAY...

and always
WIPE DOWN YOUR EQUIPMENT before and after use.

For a Safer Us.
GHYMCA.ORG
I SEE YOU SWEATING OVER THERE!

Don’t forget to WIPE DOWN YOUR EQUIPMENT before and after use.
I’M TOO TIRED TO RUN TODAY.

This machine is **UNAVAILABLE AT THIS TIME** to help us maintain safe physical distancing.

GHYMCA.ORG
I’M OFF THE CLOCK.

This machine is **UNAVAILABLE AT THIS TIME** to help us maintain safe physical distancing.

GHYMCA.ORG

SCAN ME
I LOST A BET AND NOW I’M A PAPER WEIGHT.

This machine is **UNAVAILABLE AT THIS TIME** to help us maintain safe physical distancing.

GHYMCA.ORG
I LIVE TO RIDE... JUST NOT TODAY.

This machine is **UNAVAILABLE AT THIS TIME** to help us maintain safe physical distancing.
TODAY IS MY REST DAY.

This machine is **UNAVAILABLE AT THIS TIME** to help us maintain safe physical distancing.