<table>
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<th>Year Range</th>
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<td>2010 – 2019: TEN YEARS OF BUILDING LIFELONG</td>
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**YMCA REBRANDED NATIONALLY**

- WELCOMED JAMES MORTON AS NEW PRESIDENT/CEO

- OPENED INDIAN VALLEY FAMILY YMCA IN ELLINGTON

- STARTED LIVESTRONG® AT THE YMCA CANCER-SURVIVOR PROGRAM

- ESTABLISHED SEPARATE BOARDS AND LEADERSHIP FOR WILSON-GRAY YMCA AND DOWNTOWN YMCA

- LAUNCHED Y-BELL POWER SCHOLARS ACADEMY PROGRAM

- LAUNCHED ADAPTIVE SPORTS PROGRAM

- WELCOMED HAROLD SPARROW AS NEW PRESIDENT/CEO

- FORMED HARTFORD REACH (RACIAL AND ETHNIC APPROACHES TO COMMUNITY HEALTH) COALITION

- CREATED AND APPROVED 2014-2017 STRATEGIC PLAN

- MOVED THE DOWNTOWN HARTFORD YMCA TO STATE HOUSE SQUARE

- OPENED HALE YMCA YOUTH & FAMILY CENTER IN PUTNAM

- RELOCATED ASSOCIATION OFFICES TO STATE HOUSE SQUARE

- OPENED GLASTONBURY FAMILY YMCA AT EXPANDED FACILITY

- LAUNCHED NATIONAL DIABETES PREVENTION PROGRAM

- ACQUIRED THE LOIS NOLAN LARSON CENTER IN EAST HARTFORD

- CELEBRATED 95 YEARS OF OVERNIGHT CAMP AT YMCA CAMP WOODSTOCK

- BROKE GROUND FOR NEW CABINS AND HEALTH CENTER AT CAMP JEWELL

- JOINED NATIONAL YMCA MEMBERSHIP PROGRAM

- IMPLEMENTED NEW MEMBERSHIP STRATEGY FOR ACTIVE OLDER ADULTS

- FORMED A VOLUNTEER-DRIVEN SUSTAINABILITY TASK FORCE

- OPENED BEST BUY TEEN TECH CENTER™ AT WILSON-GRAY

- BROKE GROUND ON LARSON CENTER RENOVATION PROJECT
In just two years, the YMCA of Greater Hartford will be celebrating its 170th anniversary. That’s 170 years of being there for our community. But it is also 170 years of transformation—as our communities have changed, so have we. Now that we have arrived at 2020, we must ask ourselves, “What does it take to move an organization like the Y confidently into a new decade?” To answer this, we must first reflect on where our organization has been. The past decade was full of significant, strategic endeavors that enabled us to expand our impact and reach across the Greater Hartford region. Throughout this report, you will learn about our steadfast volunteers, donors, and staff, and how they have come together to build a solid foundation for our future.

Our vision for 2020 was created in significant part because of the groundwork we laid in 2019. We reached out to constituencies—educators, healthcare organizations, and community leaders—across the YMCA of Greater Hartford’s footprint; together, we asked, “How can we help? What can the Y do to support our schools, students, and their families more effectively? How can we partner with hospitals and public health departments to create healthier communities in the areas we serve?” A community forum in Hartford’s South End gave us insights on how our strategy for helping seniors could be adapted to meet the needs there.

All of this input was shared with our volunteers, who came together with leadership to create the Sustainability Task Force, led by Linda Knox and Sheryl McQuade. Their charge was to gather the data that would lay the groundwork for our strategic plan, addressing innovative programming, cause-driven talent, technology, philanthropic culture, financial stability, and strategic partnerships. Today, under the leadership of Eric Clapprood, that work and the plan it produced is bringing our 2020 vision to reality. The most quantifiable move forward was the refinancing of our debt obligations to ensure our continuing fiscal health. In addition, our new Philanthropic Committee will work with our new Chief Development Officer to strengthen our donor base, which in turn will help us support more innovative programming under our newly formed Engagement Committee. And we are just getting started.

Crafting that vision and achieving this level of alignment together with our volunteers and communities is, to us, our greatest success story of 2019. As we move forward in 2020, the relationships that have been built in this process, both within the Y and within our communities, will continue to sharpen our vision and shape our future.

Richard J. (Rich) Burness
Chair of the Board

Harold Sparrow
President and CEO
En solo dos años, la YMCA de Greater Hartford celebrará su 170 aniversario. Son 170 años de estar apoyando a nuestra comunidad. Pero también son 170 años de transformación, ya que nuestras comunidades han cambiado, y nosotros también. Ahora que hemos llegado al 2020, debemos preguntarnos: “¿Qué se necesita para llevar una organización como la Y confiadamente hacia una nueva década?”. Para responder a esto, primero debemos reflexionar sobre dónde ha estado nuestra organización. La década pasada estuvo llena de esfuerzos significativos y estratégicos que nos permitieron expandir nuestro impacto y alcance a través de la región de Greater Hartford. A lo largo de este informe, conocerán a nuestros inquebrantables voluntarios, donantes y personal, y cómo se han unido para construir una base sólida para nuestro futuro.

Nuestra visión para el 2020 se creó en gran parte debido al trabajo de base que establecimos en el 2019. Nos pusimos en contacto con los grupos de interés (educadores, organizaciones de salud y líderes comunitarios) en toda la YMCA con presencia en Greater Hartford; juntos, nos preguntamos: “¿Cómo podemos ayudar? ¿Qué puede hacer la Y para apoyar a nuestras escuelas, estudiantes y sus familias de manera más efectiva? ¿Cómo podemos asociarnos con hospitales y departamentos de salud pública para crear comunidades más saludables en las áreas que servimos?”. Un foro comunitario en South End de Hartford nos dio una idea de cómo nuestra estrategia para ayudar a los ancianos podría adaptarse para satisfacer las necesidades allí. Todos estos aportes fueron compartidos con nuestros voluntarios, que se unieron con los líderes para crear el Grupo de Trabajo de Sostenibilidad, dirigido por Linda Knox y Sheryl McQuade. Su tarea fue reunir los datos que sentarían las bases de nuestro plan estratégico, abordando la programación innovadora, el talento impulsado por causas, la tecnología, la cultura filantrópica, la estabilidad financiera y las asociaciones estratégicas. Hoy, bajo el liderazgo de Eric Clapprood, ese trabajo y el plan que produjo el grupo está llevando nuestra visión 2020 a la realidad. El avance más cuantificable fue la refinanciación de nuestras obligaciones de deuda para asegurar nuestra salud fiscal permanente. Además, nuestro nuevo Comité Filantrópico trabajará con nuestro nuevo Director de Desarrollo para fortalecer nuestra base de donantes, lo que a su vez nos ayudará a apoyar una programación más innovadora bajo nuestro recién formado Comité de Compromiso. Y apenas estamos comenzando.

Elaborar esa visión y lograr este nivel de alineamiento junto con nuestros voluntarios y comunidades es, para nosotros, nuestra mayor historia de éxito de 2019. A medida que avanzamos en 2020, las relaciones que se han construido en este proceso, tanto dentro de la Y como dentro de nuestras comunidades, continuarán agudizando nuestra visión y dando forma a nuestro futuro.
I first got involved with the Y when my family and I moved to Connecticut. Having grown up in the Bronx, I found green, leafy Vernon to be a bit of a culture shock. It was so quiet at night! We didn’t have friends or family here; summer was coming, I was working and worried about what my kids were going to do all summer. I called a friend, who suggested I look into the Y. I enrolled them in the summer programs, and they loved it. They met nice kids, made friends, and we connected with families.

About a year after that, my husband joined the Downtown Y, and began getting involved in the annual fundraising campaigns. When he asked me to talk to my co-workers about contributing, I initially felt a little shy, but I asked them—and lo and behold, they started giving me donation checks like crazy! Suddenly, I was a fundraiser, too.

One of his Y colleagues asked if I would be interested in joining the Indian Valley YMCA board of advisors. I’m kind of an introvert; I’d never been on a board before, and honestly couldn’t imagine what I could offer—but my attitude toward new things tends to be, “I’ll try it,” so I agreed. At that point, our local Y didn’t have its own facilities; office space was rented from the town, and there were only 5 or 6 of us who met in a small room there. I started to really enjoy this new experience as I learned what it meant to be on a board, and I grew more confident in myself as I asked for donations. We began offering programs to the community—the Annual Healthy Kids day was one of the first. I’m not sure how our little group pulled it off, but somehow, we did. It was a great thing to see parents and children from all walks of life come together and have fun. It was an inspiring experience for me; I was helping to make a difference in the community.

After I was diagnosed with kidney cancer some 14 years ago, I was invited, as a cancer survivor, to become part of the LIVESTRONG® at the Y group. It was a powerful experience for me, working with the trainers, interacting with the other women in the group, all of whom were undergoing treatment for or had had cancer,
too. We cheered each other on when it was tough, and we could talk about things together we wouldn’t have said to our families. When you think you’re alone, to find that kind of support was an unforgettable experience for which I’ll always be grateful.

What did the Y give me? A greater awareness of our community, our families, their needs and the ways we can help one another. I remember when the Indian Valley Y in Ellington was just an empty field. Now it’s a full facility, with a pool and all kinds of classes. To witness that, and to see how friendly a place it is, makes me grateful for having had the chance to support it. There’s great satisfaction in caring for others and seeing what you can do. Making the world a better place—that’s not a bad thing!
EAST HARTFORD POWER SCHOLARS ACADEMY PROGRAM
735 TOTAL YOUTH SERVED FROM 2014 TO 2019
1.9 AVERAGE NUMBER OF MONTHS GAINED IN LITERACY
1.4 AVERAGE NUMBER OF MONTHS GAINED IN MATH

INDIAN VALLEY FAMILY YMCA CELEBRATING 10 YEARS
12,456 MEMBERS SERVED
289 ADULTS PARTICIPATED IN THE LIVESTRONG® AT THE Y PROGRAM
9,213,291 VISITORS CHECK-IN AT THE Y

28,307 INDIVIDUALS PARTICIPATED IN SWIM LESSONS
4,178 YOUTH, AGES 6-MONTHS TO 6TH GRADE, SERVED IN OUR CHILD DEVELOPMENT PROGRAMS
1,420 YOUTH PARTICIPATED ON THE BREAKERS SWIM TEAM

PARTNERS IN VISION: SBM CHARITABLE

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PARTNERS IN VISION: SBM CHARITABLE
Great things get done when a generous foundation joins forces with an organization whose vision is a match with its own.

A case in point: The SBM Charitable Foundation’s (SBMCF) support of the YMCA of Greater Hartford enabled the two organizations to combine their resources to improve the health and welfare of the towns they serve. The SBMCF’s funding mandate (“...to better the lives of those who live and work in Hartford, Tolland and Windham Counties, through grants to support health, human services, education, housing and the arts”) matches up with the mission of the YMCA of Greater Hartford (“committed to helping people develop their fullest potential in spirit, mind and body”), making this a perfect partnership.

In the Y’s vision for 2020 and beyond, our communities’ children are a major focus, and we are providing tools to support our youths’ success. Programs that benefit children are also key components of the SBMCF’s funding strategy: Through the SBMCF’s significant scholarship program, education, STEM teacher training, and student programs, the SBMCF carries out a piece of the YMCA of Greater Hartford’s vision, while fulfilling its own priorities and mission.

In electing to support three of the Y’s key projects—the construction of Indian Valley Family YMCA in Ellington in 2010, Y-BELL Power Scholars Academy and Hip & Fit from 2014 to 2019, and the renovation of the Larson Center in East Hartford in 2020—the SBMCF helped ensure that we have the space and resources we need to offer our communities the resources they count on. And the SBMCF’s giving doesn’t stop with the Y; other community programs it supports include the Connecticut Science Center’s programs for kids and STEM training for teachers; the Hartford Stage’s “Connections” program of literary outreach to elementary students; Partners in Success, the Junior Achievement’s financial literacy program for students; health care for cancer patients through Saint Francis Hospital and Medical Center; mobile primary health care services via Malta House of Care; mentoring and literacy for elementary and middle school students in partnership with the UCONN Foundation’s Husky Reach and Goal Line programs; and many more.

With powerful funding partners like the SBMCF, we continue to extend our reach and multiply resources, making a meaningful difference in the lives of those we serve.
The YMCA’s programs and services help to sustain our health and enrich our communities—but what does it take to sustain the Y?

Linda Knox and Eric Clapprood are among the volunteers who brought their talents and insights to the Sustainability Task Force, in a joint effort with Y volunteers and leadership. Its vision: to ensure the Y’s vitality now and in the future. In working together toward that goal, the Task Force created a new sense of collaboration and trust between volunteers and staff, and got a clearer picture of just how important the Y is to the people it serves.

Linda explains that the Task Force’s efforts began with a comprehensive look at the Y’s multifaceted presence and impact: “That deep dive was enlightening to all of us and helped us to figure out where the priorities were. Where should we be putting our time, talents and energy to better serve the Y’s mission?” This led the Task Force to create eight specific “buckets” of concentration, including capital planning, philanthropy, marketing, community engagement, and innovative programming to name a few, all intended to serve our mission and ensure the Y’s relevancy in an ever-changing market. “2019 laid the foundation: 2019 is when we dug in, gathered the data, decided what our priorities were, and organized talent against those priorities. Now we’re off and running.”

The vision, as Eric says, was to create a strategy that would “…balance ideation—our board has always got good ideas!—with actual accomplishments, trying to get to project plans, actionable steps and milestones, so that a year from now, we’ll be able to look back and say, ‘Here are some things we got done, working together—volunteers, staff and management.’ The work done by the combined volunteer-management team has led to multiple public forums centered on education, health and the challenges of the South End in Hartford; incorporated the needs of the community into specific programming and pricing considerations; restructured the long-term debt profile of the organization to save a significant amount of financing costs per year; rebuilt the Downtown Y after a devastating flood to make it even better than before; and garnered a record-breaking fundraising outcome for the annual YMCA Celebrates Champions event, which, this year, featured Rebecca Lobo and her husband, Steve Rushin.”
How has the Task Force impacted the board’s thinking? Both emphasize the increased mutual respect and trust between the Y’s leadership team and the board. Eric says, “So many of our board members have said they feel much more engaged and excited about what the Y does, and their part in supporting that.” That clarity and enthusiasm has also helped the board recruit new members from among the younger people in the community, for a refreshed look at how the Y can best communicate and serve the generations coming up.

Asked to sum up the impact that this effort has had on volunteers, Linda says, “The board feels more energized and informed, and there’s a stronger connection to Y staff. There have been a lot of new relationships built through this process, and I think we feel more like one family now. As one of our CXOs would say, we’re rowing in the same direction—and that feels really good.”
Robert C. Knox, Jr. YMCA Distinguished Leadership Award Recipient

PHILIP KANE, JR.: WHEN GIVING BACK IS A FAMILY TRADITION
Phil’s introduction to the Y came in 1989, when he and his wife Marilyn moved to Connecticut—and his new boss invited him to join a group of his office colleagues in his regular lunch-hour game of basketball: “If you could play, and you wanted to improve your relationship with your superiors, it was a good idea to go over to the Y and get in the game. When I’d had my interview with this gentleman, I knew he loved basketball, and I’d told him I was a team player. I could get rebounds if he needed that; if he needed a jump shot, I could do that too, and I got the job. My initial involvement with the Y was reaching into my pocket when some of the guys in the locker room would ask me for donations. Then, they asked me if I could put together a team of folks from the bank at which I worked to help raise funds for the annual Sustaining Campaign. That was back when Hartford had a lot of large corporations, and there was competition between them over which company’s team could raise the most. At that point in my career, there were a lot of young guys in the company who figured, ‘Hey, I’d like to be like Phil Kane someday. Maybe if I volunteer for his team, I can learn something from him, do a little networking, and raise some money for the Y.’

“I did that for about three years before somebody asked me to join the board for the Downtown branch, after running two annual Sustaining Fund campaigns for the branch. That was an enjoyable experience, back in the days when we were raising handsome six-figure sums, which was not as challenging as it is today. I became Chairman of the Board of Advisors; that was in 1999. From there, I went on to become a Director for the Metro board. Eventually, I became Secretary for the Metro board, doing that for a number of years, and assisted in running the Annual Sustaining Campaign. When I retired from the YMCA board, I became a trustee.

“I was able to meet a lot of executives when I began at the Y, many of whom became my friends. What impressed me most was seeing so many folks raising money to make a positive impact in neighborhoods they didn’t even live in, and their commitment to help someone else. I was able to participate in some youth mentoring programs in Stowe Village, and I could see how important Y programs were to our community and our families.”

Phil credits the great example set by his parents for his commitment to helping others: “The reason I am so invested in community service is because of my parents, and the example they set. My mother, Jacqueline, was a schoolteacher who eventually became a guidance counselor; my dad, Phil, was a vice principal. I grew up in New York City, in the Bronx. My parents always cared about other people. Coming up during the Depression, they had a lot of responsibilities, and their contributions made a real difference in how well the families lived. My mom and dad were the first children in their families to graduate from high school and made a quantum leap by going on to college. When I was a boy, my mom was a Cub Scout den mother, and she made it a point to include neighborhood kids who otherwise wouldn’t have been able to participate. Every other week, she’d take us all into New York City, to visit the Metropolitan Museum of Art, or to see a show, because she understood how important it was to expose kids to those kinds of things. Both of my parents were always willing to help somebody; they felt it was an obligation.”

The Y isn’t his only charitable involvement: “About seven years ago, my buddy Greg Jones and I started a foundation called the Legacy Foundation of Hartford. The Legacy Foundation is focused on addressing disparities in health and education for the most underserved among us. We run a Saturday academic program for grades 3 to 11. Our goal is to prepare youth for higher academic pursuits. We believe if we help with their academic foundation early, we can make a significant impact on their and their families’ lives.”

“We believe and live our motto: ‘Talent is Universal, Opportunities are Not.’ Our main purpose is to create those opportunities for our youth and their families. We provide substantive and purposeful exposures to a variety of supplemental out-of-the-classroom experiences.”

Even though you don’t live in a community, Phil feels, “You can’t just sit back and talk about what’s not going on; you need to have a buy-in. We weren’t going to sit around waiting for someone to help us; we needed to be more aggressive about helping the community.” And their efforts are bearing fruit: “In our five-year program, we have six for whom college and higher education may not have been an option now in college.”

On being awarded the RC Knox Award, he says, “It’s blowing my mind! I’m one of those guys who generally prefers to be behind the scenes, and of course, nobody volunteers with the hope of winning an award. But when I got that call, I was just overwhelmed with happiness and to be in the same league with people who’ve had such a tremendous impact. At the end of the day, if I didn’t have the wonderful parents I had, I wouldn’t have had the blessings I’ve had in my life. If I’d been allowed to choose my parents, I’d have picked the same people over and over and over again.”

Asked what he’d like his legacy to be, he thinks a moment, then says, “I think I’d like my legacy to be that I was always willing to make sacrifices for somebody else, for that next generation.”
SERVED OVER 108,000 CHILDREN AND FAMILIES.

SUPPORTED OVER 10,000 TEENS WHO PARTICIPATED IN YMCA PROGRAMS, INCLUDING LEADERS CLUB, Y-TIP, YOUTH AND GOVERNMENT, AND HEALTH AND WELLNESS PROGRAMS.

108,000

2019 Association Highlights

- Raised over $1.4 million in grant support.
- Raised over $1.5 million in Community Campaign donations to support children, families, and adults participating in YMCA programs.
- Secured over $90,000 in support of summer camp scholarships at the 18th annual Kids to Camp Golf Tournament.
- Received over 2,500 gifts to distribute to our YMCA branches and families through Hartford’s Young Professional Entrepreneur (HYPE)’s group’s Tons of Toys event.
- Celebrated long-time YMCA supporter Art Frank’s 100th birthday at the annual Heritage Club dinner.
- Celebrated the 10-year anniversary of the Wilson-Gray YMCA Youth & Family Center at the YMCA Celebrates Champions event. The evening’s honored guests and featured speaker included basketball star Rebecca Lobo, author and sportswriter Steve Rushin, and YMCA of the USA CEO Kevin Washington. Over $260,000 was raised in support of the Wilson-Gray Y.
- Served over 5,000 new senior members and expanded activities to keep them engaged.
- Installed best-in-class fitness equipment at the Indian Valley, Wilson-Gray, Wheeler, and Downtown YMCAs.
- Honored Gary Wolff at the YMCA Heritage Club Recognition Dinner for his many years of service and commitment to the Y.
- Served 43 campers through a new collaboration with Camp Clio, a summer camp program for adopted children ages 9-14.
- Recognized long-time former Camp Jewell employee Kathie Reese with our annual Scoobie award.
- Expanding year-round Outdoor Education programs with a new partnership with Roads to Success, an after-school program from New York City that provided an opportunity for over 250 students to experience an educational overnight program at camp.
- Expanded mother/daughter riding programs to provide more opportunities for people to spend time together at camp.
- Introduced a new equestrian day camp program that served over 25 campers.
- Hosted staff from 27 different countries.

Camp Jewell YMCA

- Celebrated the opening of Camp Jewell’s new cabin and health center.
- Dedicated Doc Joe’s Camp Rising Sun Band Aid Barn, a new, state-of-the-art health care facility at Camp Jewell to serve our summer campers and participants of Camp Rising Sun, a one-week summer camp for children who have been diagnosed with cancer.
- Raised over $186,000 to provide financial assistance to 329 families.
- Received a $500,000 gift towards construction of our next cabin.
- Hosted our 10th annual benefit night in collaboration with the West Hartford YMCA, which raised over $20,000.

Over $260,000 was raised in support of the Wilson-Gray Y.

10,000

SUPPORTED OVER 120 CANCER SURVIVORS WHO PARTICIPATED IN THE LIVESTRONG® AT THE YMCA PROGRAM.

120
**APPLAUDED AND CELEBRATED GREAT HARTFORD SLIMDOWN PARTICIPANTS FOR THEIR HARDWORK AND DEDICATION TO HEALTHY LIVES AND THEIR LOSS OF 2,805 POUNDS.**

**Camp Woodstock YMCA:**
- Received a $100,000 grant to renovate our waterfront, which was matched by two donors. Project will be completed before summer of 2020.
- Raised over $100,000 for the Annual Campaign, which sent over 100 kids to camp this summer, thanks to the more than 500 donors who made this life-changing experience possible for these kids and their families.
- Added four new board members.
- Engaged 1,105 kids at Camp Woodstock this past summer.
- Collaborated with the Coast Guard Academy and Ellis Technical High School for volunteer work to complete our waterfront project and sustain our facilities.
- Finished our Capital Campaign Feasibility Study.
- Received a $64,000 grant to put in generators around camp.

**Downtown:**
- Celebrated the grand re-opening of the Downtown Y on May 22nd after completion of repairs from a catastrophic flood that took place in July 2018. Major renovations lasted over a year, as we replaced all floors, parts of most walls, drained our pool and replaced damaged ceilings.
- Collaborated with Stanley Black & Decker on the We Can Code class for young girls of color. The goal of the class was to expose young girls of color to the world of engineering. The girls got to build and keep their own laptops.
- Held free group exercise classes, Workout Wednesdays, on the green in front of the Old State House during July and August.
- Started Alphabet Soup, a monthly swim night for the LGBTQ community.
- Collaborated with the Hartford Public Library to provide exercise classes for 20 kids every Thursday through the school year.
- Worked with Connectikids and 7th Day Adventist School to teach over 50 children how to swim.

**East Hartford YMCA:**
- Began renovations of Lois Nolan Larson YMCA Community Center.
- Received Hurricane Maria grant to assist families with housing, childcare, and education.
- Started Silver Sneakers Yoga program.
- Initiated Youth and Government program at East Hartford High School.
- Celebrated eight LEHY swimmers who qualified for YMCA Short Course Nationals. Over 1,000 hours of volunteer work was put in by swimmers, families, and coaches.

**Farmington Valley YMCA:**
- Engaged over 35 team members and added a new level to the “Hot Shots” Archery Team.
- Cheered on 30 participants who competed in the Race 4 Chase Youth triathlon program at YMCA Camp Sloper along with over 600 athletes.
- Welcomed over 1,500 people to our free Community Events including Halloween at the Y, Breakfast with Santa, and Healthy Kids Day.
- Hosted a book talk with local author Nan Rossiter as a member engagement opportunity.
- Hosted a staff and family appreciation event at Camp Chase for all YMCA of Greater Hartford staff.
- Celebrated Tsunamis swim team who were awarded the 2019 YMCA Winter and Summer seasons Cluster Champions and the 2019 YMCA New England 15 and Over Champions.

**Glastonbury Family YMCA:**
- Raised over $18,000 at Toast the Town event to support Community Campaign.
- Engaged over 25 participants and mentors in LIVESTRONG® at the Y program.
- Expanded Well Pass services to include cycling, along with more than 15 group exercise and Silver Sneakers classes.
- Produced the Mary Poppins Jr. musical with over 30 youth performers.
- Expanded capacity at both Hebron Avenue Elementary School and Hopewell Elementary School to add 46 additional slots in before/after school programs.

**Provided Aquatics Programming to More Than 1,800 Individuals.**

2,805

1,800
Engaged over 4,800 youth in day and overnight summer camp.

- Participated in many community events such as Kidding Around the Center and Glastonbury’s Apple Harvest Festival, as well as Community Conversations in Glastonbury.
- Added new enrichment programs to our preschool to assist with social-emotional learning, including Zumbini, Yoga, and Music and Movement for our early learners.
- Applauded our Drama Club as they sang at a Wolfpack game.

### Hale YMCA Youth and Family Center
- Held the 1st annual Road to Wellness Spina-Thon raising $20,000 to support wellness programs like the LIVESTRONG® cancer survivor program.
- Launched our 2nd grade Learn to Swim program, providing free swim lessons to all 2nd graders in the Town of Putnam.
- Provided scholarships to 51 children to attend Camp Cutler.
- Opened our doors to 1,300 seniors who received free or reduced memberships through Silver Sneakers and Renew Active helping to reduce social isolation.
- Lost a total of 588 pounds during the Hale YMCA Slimdown.

### Indian Valley Family YMCA
- Partnered with Putnam Bank and WNY radio station to hold our 1st annual community-wide Camp-A-Thon, which raised $6,500 for camper scholarships.
- Piloted Welcoming Week, a national YMCA program that celebrates the growing movement of communities that fully embrace new Americans and their contributions to the social fabric of our country.
- Provided scholarships to 51 children to attend Camp Cutler.
- Opened our doors to 1,300 seniors who received free or reduced memberships through Silver Sneakers and Renew Active helping to reduce social isolation.
- Lost a total of 588 pounds during the Hale YMCA Slimdown.

### West Hartford and Tri-Town YMCA
- Awarded 113 children over $48,000 in financial assistance to participate in camp, childcare, aquatics and sports programs.
- Conducted a facility Childcare Center refresh with both our Vernon and Rockville childcare centers including paint, floor and supplies.
- Raised $77,084 in the Annual Campaign and special events.
- Collaborated with the Wethersfield community to provide free childcare services to families while parents are attending ESL classes.
- Raised over $75,000 through the Annual Campaign thanks to the dedication and leadership of campaign and board volunteers.
- Served over 2,200 children at our summer camps, childcare, youth sports and aquatics programs.
- Served 55 children in our Power Scholars Academy Summer Camp to mitigate summer learning loss in math and reading.

### Wheeler Regional Family YMCA
- Received a generous $10,000 donation from Michael Tomasso, which supported both Financial Assistance for day camp and teen enrichment programs.
- Conducted a new Test-Mark- Protect procedure to elevate and enhance our safety around water.
- Collaborated with the Wethersfield community to provide free childcare services to families while parents are attending ESL classes.
- Hosted 2nd annual Benefit Brunch aimed to increase awareness of our community and brought together champions of our cause.
- Served over 2,200 children at our summer camps, childcare, youth sports and aquatics programs.
- Developed a senior membership strategy, which included Silver Sneakers classes, seminars, coffee & conversation, and pickleball.
- Implemented My Zone integrated fitness program, which incorporates use of a monitoring device to track effort expended.
- Hosted 250 families at YMCA family camp weekends at our overnight camps.

### Wilson-Gray YMCA Youth and Family Center
- Launched the Best Buy Teen Tech Center™ in partnership with Best Buy and The Clubhouse Network on April 23rd.
- Recognized James and JoAnn Price for their contribution towards the construction of the Best Buy Teen Tech Center.

---

**HOSTED 250 FAMILIES AT YMCA FAMILY CAMP WEEKENDS AT OUR OVERNIGHT CAMPS.**
### Summary of Public Support, Revenues and Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Support</td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>2,175,996</td>
</tr>
<tr>
<td>United Way</td>
<td>119,434</td>
</tr>
<tr>
<td>Government Contracts &amp; Grants</td>
<td>2,380,135</td>
</tr>
<tr>
<td><strong>Total Public Support</strong></td>
<td><strong>4,675,565</strong></td>
</tr>
<tr>
<td>Revenues</td>
<td></td>
</tr>
<tr>
<td>Program Activities</td>
<td>16,322,852</td>
</tr>
<tr>
<td>Memberships</td>
<td>9,257,416</td>
</tr>
<tr>
<td>Merchandise Sales</td>
<td>205,293</td>
</tr>
<tr>
<td>Endowment allocation</td>
<td>3,054,916</td>
</tr>
<tr>
<td>Miscellaneous revenues</td>
<td>315,881</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>29,156,358</strong></td>
</tr>
<tr>
<td><strong>Total public support and revenue</strong></td>
<td><strong>33,831,923</strong></td>
</tr>
<tr>
<td>Expenses</td>
<td></td>
</tr>
<tr>
<td>Salaries, taxes and benefits</td>
<td>19,046,505</td>
</tr>
<tr>
<td>Supplies and services</td>
<td>5,196,621</td>
</tr>
<tr>
<td>Utilities and occupancy</td>
<td>4,744,942</td>
</tr>
<tr>
<td>Promotion, vehicles and training</td>
<td>1,209,796</td>
</tr>
<tr>
<td>Other expenses</td>
<td>1,574,879</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>31,772,743</strong></td>
</tr>
<tr>
<td>Subtotal Excess (deficit)</td>
<td>2,059,180</td>
</tr>
<tr>
<td>Less:Depreciation and amortization</td>
<td>2,846,495</td>
</tr>
<tr>
<td><strong>Net Excess (deficit)</strong></td>
<td>(787,315)</td>
</tr>
<tr>
<td>Investment and non-operating activity-net</td>
<td>11,684,046</td>
</tr>
<tr>
<td>Capital campaign activity-net</td>
<td>1,363,856</td>
</tr>
<tr>
<td><strong>Net change in assets</strong></td>
<td>12,260,587</td>
</tr>
</tbody>
</table>

This summarized financial information is taken from financial statements examined by independent public accountants. Copies of the audited financial statements and IRS Form 990 are available for examination at the YMCA’s office.

### Summarized Balance Sheet

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assets</td>
<td></td>
</tr>
<tr>
<td>Cash and equivalents</td>
<td>2,236,869</td>
</tr>
<tr>
<td>Investments</td>
<td>74,632,819</td>
</tr>
<tr>
<td>Receivables</td>
<td>1,382,763</td>
</tr>
<tr>
<td>Other assets</td>
<td>12,679</td>
</tr>
<tr>
<td>Land, Bldg, Equip - net</td>
<td>56,572,369</td>
</tr>
<tr>
<td>Trusts held by others</td>
<td>14,603,237</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>149,440,736</strong></td>
</tr>
<tr>
<td>Liabilities</td>
<td></td>
</tr>
<tr>
<td>Payable and accrued expenses</td>
<td>1,795,400</td>
</tr>
<tr>
<td>Notes Payable and Line of credit</td>
<td>5,854,300</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>4,136,384</td>
</tr>
<tr>
<td>Other Liabilities</td>
<td>914,356</td>
</tr>
<tr>
<td>Bond payable</td>
<td>23,309,606</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>36,010,046</strong></td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td><strong>113,430,690</strong></td>
</tr>
<tr>
<td><strong>Total net assets and liabilities</strong></td>
<td><strong>149,440,736</strong></td>
</tr>
</tbody>
</table>

### Constituency Report

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership</td>
<td></td>
</tr>
<tr>
<td>Different People Served</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>34,150</td>
</tr>
<tr>
<td>Female</td>
<td>35,580</td>
</tr>
<tr>
<td>Youth</td>
<td>25,446</td>
</tr>
<tr>
<td>Adults</td>
<td>44,284</td>
</tr>
<tr>
<td><strong>Total Members</strong></td>
<td><strong>69,730</strong></td>
</tr>
<tr>
<td>Other Participants</td>
<td>39,000</td>
</tr>
<tr>
<td><strong>Total Constituency</strong></td>
<td><strong>108,730</strong></td>
</tr>
<tr>
<td>Personnel</td>
<td></td>
</tr>
<tr>
<td>Employees Full Time</td>
<td>183</td>
</tr>
<tr>
<td>Employees Part Time</td>
<td>1,307</td>
</tr>
<tr>
<td>Supporters</td>
<td></td>
</tr>
<tr>
<td>Fund Raising and Other Volunteers</td>
<td>772</td>
</tr>
<tr>
<td>Volunteer Boards and Committees</td>
<td>449</td>
</tr>
<tr>
<td>Donors</td>
<td>4,281</td>
</tr>
</tbody>
</table>

### Our mission

The YMCA of Greater Hartford is a charitable association open to all and committed to helping people develop their fullest potential in spirit, mind and body. The commitment is reinforced by our belief in living out the universal values of caring, honesty, respect and responsibility.

### Credo and Vision statement

We build lifelong success: We will be the premier charitable organization, building lifelong success for all by advancing Youth Development, Healthy Living, and Social Responsibility.
**YMCA of Greater Hartford**

**Branch Locations**

**Camp Jewell YMCA**
6 Prock Hill Road, Colebrook, CT 06021
1-888-412-2267
Craig Dawson, Branch Executive
Jay Aronson, Branch Board Chair

**Camp Woodstock YMCA**
42 Camp Road, Woodstock Valley, CT 06282
1-800-782-2344
Tony Gronski, Branch Executive
Alex Lucas, Branch Board Chair

**Downtown YMCA**
90 State House Square, Hartford, CT 06103
860-522-4183
Rick Herson, Branch Executive
Jamie Sullivan, Branch Board Chair

**East Hartford YMCA**
770 Main Street, East Hartford, CT 06108
860-289-6612
Laura Floyd, Branch Executive
Ariel Robinson, Branch Board Chair

**Farmington Valley YMCA**
97 Salmon Brook Street, Granby, CT 06035
860-653-5524
Brian P. Liss, Branch Executive
Jocelyn Mitchell, Branch Board Chair

**Glastonbury Family YMCA**
95 Oakwood Drive, Glastonbury, CT 06033
860-633-6548
Sarah Ralston, Interim Branch Executive
Garrett Ludwig, Branch Board Chair

**Hale YMCA Youth and Family Center**
9 Technology Park Drive, Putnam, CT 06260
860-315-9622
Amanda Kelly, Branch Executive
James Zahansky, Branch Board Chair

**Indian Valley YMCA**
11 Pinney Street, Ellington, CT 06029
860-871-0008
David Coricelli, Branch Executive
Jennifer Plourde, Branch Board Chair

**West Hartford/ Tri-Town YMCA**
12 North Main Street, West Hartford, CT 06107
860-521-5830
Josue Irizarry, Branch Executive
Stacy Raney, Branch Board Chair

**Wheeler Regional Family YMCA**
149 Farmington Avenue, Plainville, CT 06062
860-793-9631
Laura Prisco, Branch Executive
Linda Coveney, Branch Board Chair

**Wilson-Gray YMCA Youth and Family Center**
444 Albany Avenue, Hartford, CT 06120
860-241-9622
Anthony Barrett, Branch Executive
Ronald Johnson, Branch Board Chair

**Metropolitan YMCA Staff**

- **Directors**
  - Jay Aronson
  - Peter B. Atherton
  - Thomas Borner
  - Richard J. Burness
  - Eric Clapprood
  - Maura Cochran
  - Linda Coveney
  - Mike DeFeo
  - Jason Fazio
  - Jerald (Jerry) Gooden
  - Samaia Hernandez Mounds
  - Aaron Isaacs
  - Ronald Johnson
  - Linda Knox
  - Annette Larabee
  - Alex Lucas
  - Garrett Ludwig
  - Alan Mattamaana
  - Sheryl L. McQuade
  - Jocelyn Mitchell
  - Marino Monti
  - Peter Olson
  - Jennifer Plourde
  - Stacy Raney
  - Thomas J. Rechen
  - Ariel Robinson
  - Carmen Sierra
  - Harold Sparrow
  - Jamie Sullivan
  - Vernon Young
  - James Zahansky
  - Scott Zuffelato

- **Trustees**
  - Cheeneah Armstrong
  - Edward F. Bader
  - John F. Byrnes
  - Harold C. Buckingham, Jr.
  - Robert E. Carroll, Jr.
  - Myron E. Congdon
  - Jaye Donaldson
  - Arthur W. Frank, Jr.
  - Ruth H. Grobe
  - Laurence Hale
  - Scott F. Higgins
  - Chris Hoevar
  - Michael M. Hopkins
  - John J. Hussey
  - S. Edward Jeter
  - Philip G. Kane, Jr.
  - Evelyn Karaj
  - Chekesha Kidd
  - Coleman Levy
  - Sherry Manetta
  - I. Charles Mathews
  - Michael Matteo
  - Richard McGearry
  - Tim McGrath
  - Patrick Nickoletti
  - Jody Osko Lewis
  - Carolyn Paldino
  - Brewster B. Perkins
  - Angela Phillips-Arrington
  - JoAnn Price
  - Lena Rodriguez
  - William M. Rohan
  - Richard J. Shima
  - Arthur M. Snyder
  - Judith A. Stearns
  - Dan Tracy
  - Wilson Vega, Jr.
  - Gary Wolff

- **Officers**
  - Richard J. Burness, Board Chair
  - Harold Sparrow, President and CEO
  - Eric Clapprood, Board Chair Elect
  - Jerald (Jerry) Gooden, Vice Chair
  - Thomas J. Rechen, Vice Chair
  - Maura Cochran, Past Board Chair
  - Annette Larabee, Treasurer
  - Aaron Isaacs, Secretary
  - Natalie Zembrzuski, Asst Secretary

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*Current as of 12/31/2019
Credits: Harold Sparrow; President and CEO, Joseph Weist, CPA, Vice President, Finance; Gina Gaipa, MIS Director; David Coricelli, Director of Development; Jeff Williams, Interim Chief Development Officer; Natalie Zembrzuski, Director of Executive Relations; Copywriting: Jenny Tripp; Design: Christopher Passehl, Passehl Design; Photography: Nick Calt; Printing: GHP*
Board Members not shown above: Ariel Robinson, Goodwin University; Jamie Sullivan, Howard, Kohn, Sprague & Fitzgerald.