

## Hale YMCA Youth & Family Center | January 2nd - January 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fitness Lap Pool <u>Sign Up</u>		8:15AM-9:00AM (Water Exercise) <i>Stacie S.</i> 5:30PM-6:15PM (Water Exercise) <i>Agnes U.</i>	8:15AM-9:00AM (Water Exercise) <i>Barbara L.</i>			9:00AM-9:45AM (Water Exercise) <i>Melissa L.</i>	