

Camp Jewell Summer Weekly Menu

Sample Menu (the actual menu changes frequently)

| Day | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|--|---|--|--|---|--|---|
| | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK</p> <p>COLD CEREAL, BAGELS, CREAM CHEESE, BUTTER</p> <p>9:00 AM STAFF ONLY-OUTSIDE</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 37/444 10 per table 10/81 8 per table</p> <p>SCRAMBLED EGGS, HOME FRIES, KETCHUP</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 37/444 10 per table 10/81 8 per table</p> <p>FRENCH TOAST STICKS, BACON, MARGARINE, SYRUP</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 37/444 10 per table 10/81 8 per table</p> <p>EGG PATTIES, SAUSAGE PATTIES, AMER. CHEESE, ENG. MUFFINS, KETCHUP</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 37/444 10 per table 8/61 8 per table</p> <p>WAFFLES, STRAWBERRIES, MARGARINE, SYRUP</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 37/444 10 per table 10/78 8 per table</p> <p>CHEESE OMELET, BAGELS, MARGARINE, CREAM CHEESE, KETCHUP</p> | <p>HOT & COLD CEREAL, FRUIT, JUICE, WATER, MILK 40/480 10 per table 8 per table</p> <p>FRESH FRUIT, ASST MUFFINS, DONUTS, CCOFFEE CAKE</p> |
| Lunch | <p>BUG JUICE, WATER, PB&J</p> <p>COLD CUTS, CHEESE, LETTUCE, PITA, SALAD, DRESSINGS, FRITOS, FRUIT, HUMMUS, TABOULI, EGG SALAD. <u>11:30 STAFF ONLY OUTSIDE</u></p> | <p>BUG JUICE, WATER, PB&J 43/516 10 per table 10/81 8 per table</p> <p>CHICKEN PATTIES, BUNS, POTATO CHIPS, LETTUCE, TOMATO, M & M COOKIES VEG: VEGETARIAN CHIX PATTIES</p> | <p>BUG JUICE, WATER, PB&J 43/516 10 per table 10/81 8 per table</p> <p>CHILE CON CARNE, CHEDDAR CHEESE, BABY CARROTS, NACHO CHIPS, SALSA, RICE KRISPIE TREATS VEG: VEG CHILE</p> | <p>BUG JUICE, WATER, PB&J 43/516 10 per table 5/41 8 per table</p> <p>PIZZA, CUCUMBER SLICES, PRETZEL NUGGETS</p> | <p>BUG JUICE, WATER, PB&J 43/516 10 per table 8/61 8 per table</p> <p>TUNA, PITA, LETTUCE, TOMATO, FRITOS, RICE CRISPY TREATS VEG: TORTELLINI IN PESTO</p> | <p>BUG JUICE, WATER, PB&J 43/516 10 per table 8/61 8 per table</p> <p>CORN DOGS, TUNA MAC SALAD, BABY CARROTS, MUSTARD, KETCHUP, ITALIAN ICES VEG: VEGGIE DOGS, BUNS</p> | <p>BUG JUICE, WATER, PB&J 45/540 10 per table 8 per table</p> <p>CHICKEN CRISPITOS, POTATO STICKS, CELERY STICKS, PEACHES VEG: VEGETARIAN B-B-Q RIBLETS</p> |
| Dinner | <p>MILK, WATER, SALAD BAR (2) 45/540 10 per table</p> <p>CHICKEN FAJITAS: CHICKEN STRIPS, PEPPERS AND ONIONS STRIPS, RICE, SOFT SHELLS SALSA, ICE CREAM SANDWICHES VEG: TOFU FAJITAS</p> | <p>MILK, WATER, SALAD BAR (2) 45/540 10 per table</p> <p>LONDON BROIL, STEAK FRIES, SUGAR SNAP PEAS, BISCUITS VEG.: EGGPLANT PARM</p> | <p>MILK, WATER, SALAD BAR (2) 41/492 10 per table</p> <p>ZITI, MARINARA SAUCE, GREEN BEANS, ROLLS, BUTTER, PARM. CHEESE</p> | <p>MILK, WATER, SALAD BAR (2) 37/444 10 per table</p> <p>TAHITIAN CHICKEN, FRIED RICE, BROCCOLI, ROLLS VEG: GNOCCI WITH FRESH SPINACH IN OIL AND GARLIC</p> | <p>MILK, WATER, SALAD BAR (2) 41/492 10 per table</p> <p>H-D, BUNS, BURG, BUNS, VEG. BURG, CHEESE, SLAW, BEANS, LET, TOM, ONIONS, PICKLES, WATERMELON, BUG JUICE, WATER</p> | <p>MILK, WATER, SALAD BAR (2) 40/480 10 per table</p> <p>FISH NUGGETS, TARTAR SAUCE, MAC AND CHEESE, ROLLS VEG: ROAST VEG</p> | <p>MILK, WATER, SALAD BAR (2) 45/540 10 per table</p> <p>MEATBALLS IN GRAVY, NOODLES, CORN, ROLLS. VEG: VEGGIE LASAGNA ROLLS</p> |