



# FARMINGTON VALLEY YMCA GYMNASIUM SCHEDULE- 3.21.18

**Effective:  
March 21-April 1**

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**860 653 5524      www.farmingtonvalleyYMCA.org      WINTER      2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>OPEN RECREATION</b> 5:30-9:15AM	<b>OPEN RECREATION</b> 5:30-10:00AM	<b>OPEN RECREATION</b> 5:30-9:00AM	<b>OPEN RECREATION</b> 5:30-10:00AM	<b>OPEN RECREATION</b> 5:30-9:00AM	<b>YOUTH &amp; FAMILY OPEN REC.</b> 7:30-8:45AM	<b>YOUTH &amp; FAMILY OPEN REC.</b> 11:00AM-1:30PM
<b>SENIOR STRONG</b> 9:15-10:15AM <b>Adults and Seniors Only</b>	<b>PICKLEBALL</b> 10:00AM-1:00PM <b>Adults and Seniors only</b>	<b>GYM DANDY</b> 9:00-10:30AM Weekly Drop in Class	<b>SPORTS OF ALL SORTS</b> 10:00AM-11:00AM Ages 3-6	<b>GYM JAM SPORTS</b> 9:00-10:00AM Weekly Drop in Class	<b>SINGLE BASKET OPEN REC.</b> 8:45AM-12:00PM	<b>PARTY RENTALS</b> 1:30-4:00PM OPEN REC. IF NO RENTALS
<b>SINGLE BASKET OPEN REC.</b> 10:15-11:15AM	<b>SINGLE BASKET OPEN REC.</b> 1:00-3:50PM	<b>FAMILY OPEN RECREATION</b> 10:30AM-12:00PM	<b>PICKLEBALL</b> 11:30AM-2:30PM <b>Adults and Seniors Only</b>	<b>SPORTS OF ALL SORTS</b> 10:00AM-11:00AM Ages 3-6	<b>PARTY RENTALS</b> 12:00-4:30PM OPEN REC. IF NO RENTALS	<b>SINGLE BASKET OPEN REC.</b> 4:00-5:00PM
<b>PICKLEBALL</b> 11:30AM-2:30PM <b>Adults and Seniors Only</b>	<b>KIDS DODGEBALL</b> 4:00-5:15PM	<b>SINGLE BASKET OPEN REC.</b> 12:00-4:00PM	<b>SINGLE BASKET OPEN REC.</b> 2:30-4:45PM	<b>SINGLE BASKET OPEN REC.</b> 11:15AM-9:45PM	<b>SINGLE BASKET OPEN REC.</b> 4:35-8:45PM	<b>TEEN/ADULT OPEN REC.</b> 5:00-5:45PM FULL COURT
<b>SINGLE BASKET OPEN REC.</b> 2:30-6:15 PM	<b>SINGLE BASKET OPEN REC.</b> 5:30-7:45PM	<b>COED BOUNCERS BBALL</b> 4:15-5:15PM Ages 5-K	<b>SPORTS OF ALL SORTS</b> 5:00-6:00PM Ages 3-6	<b>GYM CLOSED</b> 9:45-10:00PM	<b>GYM CLOSED</b> 8:45-9:00PM	<b>GYM CLOSED</b> 5:45-6:00PM
<b>COED DRIBBLERS BBALL</b> 6:30-7:30PM Gr. 1-2	<b>TEEN/ADULT OPEN REC.</b> 7:45-9:45PM FULL COURT	<b>COED DRIBBLERS BBALL</b> 5:30-6:30PM Gr. 1-2	<b>SINGLE BASKET OPEN REC.</b> 6:15-7:45PM			
<b>SINGLE BASKET OPEN REC.</b> 7:45-9:45PM	<b>GYM CLOSED</b> 9:45-10:00PM	<b>ADULT (18+) ADV. VOLLEYBALL</b> 7:00-9:45PM	<b>TEEN/ADULT OPEN REC.</b> 7:45-9:45PM FULL COURT			
<b>GYM CLOSED</b> 9:45-10:00PM		<b>GYM CLOSED</b> 9:45-10:00PM	<b>GYM CLOSED</b> 9:45-10:00PM			

**IMPORTANT INFORMATION**  
 No food or drinks allowed in the gymnasium. Capped water bottles only.  
 No profanity arguing or fighting.  
 Please be respectful of the schedule and sharing of court space.  
 If you choose not to abide by these guidelines, membership privileges may be revoked.  
 GYMNASIUM will closed 15 minutes earlier that we close  
**SCHEDULE NOTES**  
 Youth & Teen Open Recreation time is for all youth and teens (under 12 with adult supervision)  
 Teen/Adult Open Recreation is time available for pick-up games using full court, if desired  
 Family Open Recreation is available for families to use single baskets

**IMPORTANT CLOSURE DATES**  
 Fri, March 23 - 6:00-9:45PM  
 Sat, March 24 - 4:00-CLOSE  
 Thurs, April 26- 6:30-7:30PM- Jukido Class

## PICK-UP BASKETBALL CODE OF CONDUCT

Teen/adult recreation must follow the code of conduct and use the whiteboard for pick-up games

### FORMAT

For the first game of the night, choose captains or shoot teams.  
 Players will sign up on the whiteboard to fill the next team.  
 Sign up is on first come, first served basis. You may only write your own name.  
 Players on the court may not sign up until they are finished playing.  
 The losing team always comes off the court. Winner stays on for a second game and then comes off.  
 Games are to be no more than 10 points using 1 and 2 point system.

### ETIQUETTE

If you wish to play with your own 5, you may sign up together in the next available 5 spot roster. All players must be present.  
 Make your own calls. Respect other player's calls and do not argue.  
 Absolutely no profanity, arguing or fighting.  
 Adults may not utilize the full court during family or youth recreation.  
 If you choose not to abide by these guidelines, membership privileges may be provoked.