



# FARMINGTON VALLEY YMCA GYMNASIUM SCHEDULE- 2/2/18

Effective:  
Feb 5-April 1, 2018

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

860 653 5524

www.farmingtonvalleyYMCA.org

WINTER

2018

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY  |
|--|---|--|---|---|---|---|
| <b>OPEN RECREATION</b><br>5:30-9:15AM                                  | <b>OPEN RECREATION</b><br>5:30-10:00AM                                | <b>OPEN RECREATION</b><br>5:30-9:00AM                    | <b>OPEN RECREATION</b><br>5:30-10:00AM                                | <b>OPEN RECREATION</b><br>5:30-9:00AM                           | <b>YOUTH &amp; FAMILY OPEN REC.</b><br>7:30-8:45AM                      | <b>YOUTH &amp; FAMILY OPEN REC.</b><br>11:00AM-1:30PM                 |
| <b>SENIOR STRONG</b><br>9:15-10:15AM<br><b>Adults and Seniors Only</b> | <b>PICKLEBALL</b><br>10:00AM-1:00PM<br><b>Adults and Seniors only</b> | <b>GYM DANDY</b><br>9:00-10:30AM<br>Weekly Drop in Class | <b>SPORTS OF ALL SORTS</b><br>10:00AM-11:00AM<br>Ages 3-6             | <b>GYM JAM SPORTS</b><br>9:00-10:00AM<br>Weekly Drop in Class   | <b>COED ROOKIES BBALL</b><br>9:00AM-9:45AM<br>Ages 3-4                  | <b>PARTY RENTALS</b><br>1:30-4:00PM<br><b>OPEN REC. IF NO RENTALS</b> |
| <b>SINGLE BASKET OPEN REC.</b><br>10:15-11:15AM                        | <b>SINGLE BASKET OPEN REC.</b><br>1:00-3:50PM                         | <b>FAMILY OPEN RECREATION</b><br>10:30AM-12:00PM         | <b>PICKLEBALL</b><br>11:30AM-2:30PM<br><b>Adults and Seniors Only</b> | <b>SPORTS OF ALL SORTS</b><br>10:00AM-11:00AM<br>Ages 3-6       | <b>COED BOUNCERS BBALL</b><br>10:00AM-11:00AM<br>Age 5-K                | <b>SINGLE BASKET OPEN REC.</b><br>4:00-5:00PM                         |
| <b>PICKLEBALL</b><br>11:30AM-2:30PM<br><b>Adults and Seniors Only</b>  | <b>KIDS DODGEBALL</b><br>4:00-5:15PM                                  | <b>SINGLE BASKET OPEN REC.</b><br>12:00-4:00PM           | <b>SINGLE BASKET OPEN REC.</b><br>2:30-4:45PM                         | <b>SINGLE BASKET OPEN REC.</b><br>11:15AM-5:45PM                | <b>COED DRIBBLERS BBALL</b><br>11:00AM-12:00PM<br>Gr. 1-2               | <b>TEEN/ADULT OPEN REC.</b><br>5:00-5:45PM<br><b>FULL COURT</b>       |
| <b>SINGLE BASKET OPEN REC.</b><br>2:30-5:00 PM                         | <b>COED ROOKIES BBALL</b><br>5:30-6:15PM<br>Ages 3-4                  | <b>COED BOUNCERS BBALL</b><br>4:15-5:15PM<br>Ages 5-K    | <b>SPORTS OF ALL SORTS</b><br>5:00-6:00PM<br>Ages 3-6                 | <b>BASKETBALL PRACTICES</b><br>6:00-8:00PM<br><b>GYM CLOSED</b> | <b>GRADES 3-4 BASKETBALL GAMES</b><br>12:00-2:30PM<br><b>GYM CLOSED</b> | <b>GYM CLOSED</b><br>5:45-6:00PM                                      |
| <b>COED BOUNCERS BBALL</b><br>5:15-6:15PM<br>Ages 5-K                  | <b>BASKETBALL PRACTICES</b><br>6:15-8:30PM<br><b>GYM CLOSED</b>       | <b>COED DRIBBLERS BBALL</b><br>5:30-6:30PM<br>Gr. 1-2    | <b>BASKETBALL PRACTICE</b><br>6:00-8:15PM<br><b>GYM CLOSED</b>        | <b>SINGLE BASKET OPEN REC.</b><br>8:15-9:45PM                   | <b>PARTY RENTALS</b><br>2:40-4:30PM<br><b>OPEN REC. IF NO RENTALS</b>   |   |
| <b>COED DRIBBLERS BBALL</b><br>6:30-7:30PM<br>Gr. 1-2                  | <b>TEEN/ADULT OPEN REC.</b><br>8:30-9:45PM<br><b>FULL COURT</b>       | <b>ADULT (18+) ADV. VOLLEYBALL</b><br>7:00-9:45PM        | <b>TEEN/ADULT OPEN REC.</b><br>8:20-9:45PM<br><b>FULL COURT</b>       | <b>GYM CLOSED</b><br>9:45-10:00PM                               | <b>SINGLE BASKET OPEN REC.</b><br>4:35-8:45PM                           |   |
| <b>SINGLE BASKET OPEN REC.</b><br>7:45-9:45PM                          | <b>GYM CLOSED</b><br>9:45-10:00PM                                     | <b>GYM CLOSED</b><br>9:45-10:00PM                        | <b>GYM CLOSED</b><br>9:45-10:00PM                                     |   | <b>GYM CLOSED</b><br>8:45-9:00PM  |   |
| <b>GYM CLOSED</b><br>9:45-10:00PM                                      |   |  |   |   |   |   |

## IMPORTANT INFORMATION

No food or drinks allowed in the gymnasium. Capped water bottles only.  
No profanity arguing or fighting.  
Please be respectful of the schedule and sharing of court space.  
If you choose not to abide by these guidelines, membership privileges may be revoked.  
GYMNASIUM will closed 15 minutes earlier that we close

## SCHEDULE NOTES

Youth & Teen Open Recreation time is for all youth and teens (under 12 with adult supervision)  
Teen/Adult Open Recreation is time available for pick-up games using full court, if desired  
Family Open Recreation is available for families to use single baskets

## IMPORTANT CLOSURE DATES

Fri, Feb 23 - 8:00-9:15PM  
Mon, March 5 - 6:00PM- CLOSE  
Sun, March 24 - 4:00-CLOSE

## PICK-UP BASKETBALL CODE OF CONDUCT

Teen/adult recreation must follow the code of conduct and use the whiteboard for pick-up games

### FORMAT

For the first game of the night, choose captains or shoot teams.  
Players will sign up on the whiteboard to fill the next team.  
Sign up is on first come, first served basis. You may only write your own name.  
Players on the court may not sign up until they are finished playing.  
The losing team always comes off the court. Winner stays on for a second game and then comes off.  
Games are to be no more than 10 points using 1 and 2 point system.

### ETIQUETTE

If you wish to play with your own 5, you may sign up together in the next available 5 spot roster. All players must be present.  
Make your own calls. Respect other player's calls and do not argue.  
Absolutely no profanity, arguing or fighting.  
Adults may not utilize the full court during family or youth recreation.  
If you choose not to abide by these guidelines, membership privileges may be provoked.