



FARMINGTON VALLEY YMCA GYMNASIUM SCHEDULE-11.12.18

Effective:
November 5- December 23

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

860 653 5524

www.farmingtonvalleyYMCA.org

WINTER

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN RECREATION 5:30AM-9:15AM	OPEN RECREATION 5:30AM-10:00AM	OPEN RECREATION 5:30AM-9:00AM	OPEN RECREATION 5:30AM-9:45AM	OPEN RECREATION 5:30-9:00AM	YOUTH & FAMILY OPEN REC. 7:30AM-10:00AM	YOUTH & FAMILY OPEN REC. 11:00AM-1:30PM
SENIOR STRENGTH & BALANCE 9:30-10:15AM Group Exercise Class	PICKLEBALL 10:00AM-1:00PM Adults and Seniors Only	GYM DANDY 9:15-10:30AM Weekly Drop in Class	SINGLE BASKET OPEN REC. 9:45AM-11:15AM	GYM JAM SPORTS 9:00-10:00AM Weekly Drop in Class	BASKETBALL - PRESCHOOL Ages 3-4 9:00-9:45AM	PARTY RENTALS 1:30PM-4:00PM OPEN REC. IF NO RENTALS
SINGLE BASKET OPEN REC. 10:30AM-11:15AM	SINGLE BASKET OPEN REC 1:00PM-4:45PM	FAMILY OPEN RECREATION 10:30AM-12:00PM	PICKLEBALL 11:30AM-2:30PM Adults and Seniors Only	SPORTS OF ALL SORTS 10:00AM-11:00AM Ages 3-6	BASKETBALL YOUTH Ages 5-K 10:00-11:00AM	SINGLE BASKET OPEN REC. 4:00PM-5:00PM
PICKLEBALL 11:30AM-2:30PM Adults and Seniors Only	BASKETBALL - PRESCHOOL Ages 3-4 5:00-5:45PM	SINGLE BASKET OPEN REC. 12:00PM-5:00PM	SINGLE BASKET OPEN REC. 2:30PM-4:45PM	SINGLE BASKET OPEN REC. 11:15AM-7:45PM	BASKETBALL YOUTH Gr 1-2 11:00AM-12:00PM	TEEN/ADULT OPEN REC. 5:00PM-5:45PM FULL COURT
SINGLE BASKET OPEN REC. 2:30PM-6:00PM	BASKETBALL -PARENT AND ME Ages 2-3 5:50-6:20PM	BASKETBALL -YOUTH Gr 1-2 5:20-6:20PM	SPORTS OF ALL SORTS 5:00-6:00PM	CLOSED 7:45-8:00PM	GRADES 3-4 BASKETBALL 12:00-2:00PM Starting December 1st	CLOSED 5:45-6:00PM
BASKETBALL -YOUTH Gr 1-2 6:20PM - 7:20PM	SINGLE BASKET OPEN REC 6:30-7:15PM	ADULT (18+) ADV. VOLLEYBALL 6:30-8:45PM Drop in	SINGLE BASKET OPEN REC 6:05-7:15PM		PARTY RENTALS 1:00PM-4:30PM OPEN REC. IF NO RENTALS	
SINGLE BASKET OPEN REC. 7:30-8:45PM	TEEN/ADULT OPEN REC. 7:15-8:45PM FULL COURT	CLOSED 8:45-9:00PM	TEEN/ADULT OPEN REC. 7:15PM-8:45PM FULL COURT		SINGLE BASKET OPEN REC. 4:35PM-6:45PM	
CLOSED 8:45-9:00PM	CLOSED 8:45-9:00PM		CLOSED 8:45-9:00PM		CLOSED 6:45-7:00PM	

IMPORTANT INFORMATION

No food or drinks allowed in the gymnasium. Capped water bottles only.
No profanity arguing or fighting.
Please be respectful of the schedule and sharing of court space.
If you choose not to abide by these guidelines, membership priveleges may be revoked.
GYMNASIUM will closed 15 minutes earlier that we close

SCHEDULE NOTES

Youth & Teen Open Recreation time is for all youth and teens (under 12 with adult supervision)
Teen/Adult Open Recreation is time available for pick-up games using full court, if desired
Family Open Recreation is available for families to use single baskets

IMPORTANT CLOSURE DATES:

Thurs November 15 - 6:00PM- CLOSE
Sun December 9 - Vendor Fair
Sat, December 15 - 3:00-CLOSE

PICK-UP BASKETBALL CODE OF CONDUCT

Teen/adult recreation must follow the code of conduct and use the whiteboard for pick-up games

FORMAT

For the first game of the night, choose captains or shoot teams.
Players will sign up on the whiteboard to fill the next team.
Sign up is on first come, first served basis. You may only write your own name.
Players on the court may not sign up until they are finished playing.
The losing team always comes off the court. Winner stays on for a second game and then comes off.
Games are to be no more than 10 points using 1 and 2 point system.

ETIQUETTE

If you wish to play with your own 5, you may sign up together in the next available 5 spot roster. All players must be present.
Make your own calls. Respect other player's calls and do not argue.
Absolutely no profanity, arguing or fighting.
Adults may not utilize the full court during family or youth recreation.
If you choose not to abide by these guidelines, membership priveleges may be provoked.