

About The YMCA

The YMCA is unique in that it is:

- dedicated to improving the entire person in spirit, mind and body.
- committed to teaching and encouraging the YMCA core values of caring, honesty, respect and responsibility.
- serves its members across the lifespan, from infants to those in their 80s and 90s.
- builds the foundation for thriving communities.

In the most recent accounting of its impact, the YMCA of Greater Hartford serves over 111,000 people a year. The YMCA:

- provides health and wellness activities to thousands of children and adults annually.
- teaches more than 2,000 children to swim each year.
- is the largest provider of day and residential camping in the Capital Region with over 7,000 children participating each summer.
- is the largest provider of non-competitive, character-building youth sports programs in the region with over 5,000 participants annually.
- teaches adults with dyslexia to read and write in its Read to Succeed program.

The YMCA of Greater Hartford consists of 11 branches and two resident camps providing more than 100 programs in Hartford, Tolland and Windham counties, serving 52 communities:

- Downtown YMCA in Hartford
- East Hartford YMCA in East Hartford
- Farmington Valley YMCA in Granby
- Glastonbury Family YMCA in Glastonbury
- Indian Valley Family YMCA in Ellington
- Tri-Town YMCA in Wethersfield
- West Hartford YMCA in West Hartford
- Wheeler Regional Family YMCA in Plainville
- Wilson-Gray YMCA Youth & Family Center in Hartford
- YMCA Camp Jewell in Colebrook
- YMCA Camp Woodstock in Woodstock CT
- The YMCA is 158 years old and has a strong endowment to support the overall efforts of the organization

About Your Y



I am very excited about a community center here in Putnam. I feel it is a great opportunity for the community, and especially older people, to improve their health and prevent illness. Modern medicine falls short on prevention and keeping people healthy in the community. This will certainly improve wellness.

*Joseph Botta, MD, Geriatrician
Joseph Botta, MD & Associates*