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Dear Community Member,

This guide was prepared by the Greater Hartford REACH (Racial and Ethnic Approaches to Community Health) Coalition with the sole purpose of supporting and enriching the lives of the residents of the North End of Hartford, and we trust that it will serve this purpose.

The Greater Hartford REACH Coalition was established, as a collaborative effort, to make the “healthy choice the easy choice” for all Hartford residents. We aim to accomplish this by ensuring access to healthy food, safe and healthy environments, affordable healthcare, and healthy outcomes through changes in policies, systems, and environments.

This guide is part of our overall effort to improve the community’s access to health care services. Inside you will find easily accessible health-related services and programs in and around the North End of Hartford. These include primary care services, mental and behavioral health organizations, nutrition assistance, and opportunities for physical activity. We hope that the information contained here is useful as you strive to live a full, healthy, and prosperous life.

Thank you,
The Greater Hartford REACH Coalition

REACH Community Partner Coach
(860) 522-9622, Ext. 2344
REACH@ghymca.org

Most of the resources listed in this guide are public transportation accessible.
BROWNSTONE CLINIC
Hartford Hospital, 79 Retreat Ave., Hartford, CT
(860) 545-0200 | www.harthosp.org
Services Offered: Adult primary, specialty, and dental care, as well as STD testing.

BURGDORF/BANK OF AMERICA HEALTH CENTER
131 Coventry St., Hartford, CT
(860) 714-2813 | www.saintfranciscare.com
Services Offered: Adult primary care, pediatric primary care, pediatric dentistry.

CHARTER OAK HEALTH CENTER
21 Grand St., Hartford, CT
(860) 550-7500 | www.thecharteroak.org
Services Offered: Urgent care, internal medicine, women’s health, school-based health, behavioral health, pediatrics, dental, podiatry, nutrition, optometry, pharmacy, patient advocacy, case management, homeless health care, mobile medical van, lab, eligibility assistance.

COMMUNITY HEALTH SERVICES
500 Albany Ave., Hartford, CT
(860) 249-9625 | www.chshartford.org
Services Offered: Adolescent, adult & women’s medicine, behavioral health, dental care, optometry, pediatrics, podiatry, social services & outreach (food pantry, WIC, Medicaid/HUSKY application assistance).

CONNECTICUT CHILDREN’S MEDICAL CENTER
282 Washington St., Hartford, CT
(860) 545-9000 | www.connecticutchildrens.org
Services Offered: Connecticut Children’s Medical Center specializes in pediatric health care services. Children’s offers a complete range of health care services and is dedicated to improving the physical and emotional health of children through family-centered care, research, education.

FAMILY MEDICINE CENTER AT ASYLUM HILL
99 Woodland St., Hartford, CT
(860) 714-4212 | www.asylumhillfamilymedicine.org
Services Offered: Family medicine, primary care services. Accept most insurance plans including Medicare and Medicaid.

GENGRAS INTERNAL MEDICINE PRACTICE
1000 Asylum Ave., Hartford, CT
(860) 714-4455
Services Offered: Provides primary care services for adults and children.
HARTFORD DEPARTMENT OF HEALTH AND HUMAN SERVICES
131 Coventry St., Hartford, CT
(860) 757-4830 | www.hartford.gov/hhs
Services Offered: Flu clinics, health van, health fairs, tuberculosis clinic, STD clinic, HIV testing & counseling.

HARTFORD HOSPITAL
80 Seymour St., Hartford, CT
(860) 545-5000 | www.harthosp.org
Services Offered: Hartford Hospital is a general medical and surgical hospital in Hartford, CT. It provides a complete wrap care including general medical, specialty and surgical services.

HARTFORD SCHOOL-BASED CLINICS
Debbie Chameides, Coordinator of Health Services
(860) 695-8760 | www.hartfordschools.org/family-resources
Services Offered: Physical exams, immunizations, health promotion & wellness, care for injuries & illness, assistance with asthma and diabetes, reproductive health care (at high school sites), mental health counseling. Open to all Hartford Public School students during regular school hours.

MALTA HOUSE OF CARE
Mobile van, locations vary based on the day of the week
(860) 725-0171 | www.maltahouseofcare.org
Services Offered: Free primary care services to the uninsured (including lab testing and medication). No appointments but registration on the day of your visit is required.

SAINT FRANCIS HOSPITAL
114 Woodland St., Hartford, CT
(860) 714-4000 | www.stfranciscare.org
Services Offered: Saint Francis Hospital offers services in general medical, specialty and surgical services. The hospital has clinical concentrations in heart disease, cancer, women’s and children’s services and behavioral health.

WOMEN’S AMBULATORY HEALTH CLINIC AT HARTFORD HOSPITAL
111 Park St., Hartford, CT
(860) 972-2780 | www.harthosp.org/women/RelatedServices/WomensAmbulatoryHealthServices
Services Offered: Primary care services for women including OB/GYN care, midwives, nutritionists, and social workers. Educational and support programs are also available, as well as a family planning clinic.
SPECIALTY CARE SERVICES

BREAST AND CERVICAL CANCER PROGRAM
Connecticut Department of Public Health, 410 Capitol Ave., MS# 11HLS, Hartford, CT (860) 509-7804 | www.ct.gov/dph
Services Offered: Free breast cancer, cervical cancer and heart disease screenings. Contact the program for eligibility criteria.

CARDIAC REHABILITATION AND WELLNESS PROGRAM
Saint Francis Hospital, 114 Woodland St., Hartford, CT (860) 714-4538 | www.saintfranciscare.com/Content.aspx?id=12884906001
Services Offered: Programs designed to help participants with heart disease, or risk factors for heart disease, recover faster, stay healthy and lead productive lives.

CENTER FOR DIABETES & METABOLIC CARE
Saint Francis Hospital, 114 Woodland St., Hartford, CT (860) 714-5733 | www.saintfranciscare.com/cdmf
Services Offered: Assists individuals with diabetes to control their diabetes successfully and reduce their risk of related health complications.

CONNECTICUT COLORECTAL CANCER CONTROL PROGRAM
Hartford Hospital | (860) 545-3078
Saint Francis Hospital | (860) 714-4680
Charter Oak Health Center | (860) 550-7500
Community Health Services | (860) 249-9625
Services Offered: Provide no-cost colonoscopies and referrals to primary care physicians for follow-up services to eligible adults (call for eligibility details).

CURTIS D. ROBINSON CENTER FOR HEALTH EQUITY
Saint Francis Hospital, 140 Woodland St., Hartford, CT (860) 714-5770 | www.sfmhi.com
Services Offered: Patient education, early diagnosis, treatment and monthly support for men at risk of prostate cancer.

DIABETES LIFECARE
Hartford Hospital, 85 Jefferson St., Suite 113, Hartford, CT (860) 545-3526 | www.harthosp.org/diabetes
Services Offered: Classes, individual counseling sessions, monthly support and continuing education groups designed to help patients manage their diabetes more effectively.

INTEGRATIVE MEDICINE
Hartford Hospital, 80 Seymour St., Hartford, CT (860) 545-4444 | www.harthosp.org/integrativemed
Services Offered: Provides patients and community members with complimentary services to assist with their healing & wellness. Provides services such as massage therapy, mind/body medicine, holistic nutrition and yoga to aid in risk reduction, anxiety, comfort, pain relief and stress management.
INTEGRATIVE MEDICINE
Saint Francis Hospital, 114 Woodland St., Hartford, CT  
(860) 714-4450 | www.stfranciscare.org/integrative
Services Offered: Provides patients and community members with complimentary services to assist with their healing & wellness. Provide services such as massage therapy, mind/body medicine, holistic nutrition and yoga to aid in risk reduction, anxiety, comfort, pain relief and stress management.

LESBIAN, BISEXUAL, TRANSGENDER WOMEN BREAST/CERVICAL CANCER DETECTION
Hartford Gay & Lesbian Health Collective, 1841 Broad St., Hartford, CT  
(860) 278-4163 | www.hglhc.org
Services Offered: Outreach, education and referrals to free breast and cervical cancer screenings for lesbian, bisexual & transgender women ages 40+.

TAKE THE TIME MOBILE MAMMOGRAPHY
Mobile service | (860) 545-1018
Services Offered: Offers screenings, mammograms, breast health education, and educational materials to women who would otherwise not have access to mammography services. Call to find out when and if they will be in a location near you.

WOMEN’S HEART PROGRAM AT SAINT FRANCIS
114 Woodland St., Hartford, CT  
(860) 714-6389 | www.stfranciscare.com
Services Offered: Cardiac risk assessment, risk factor education, nutritional evaluation, development of nutritional goals, exercise guidelines, prescription, and program implementation.
BEHAVIORAL/MENTAL HEALTH SERVICES

ALCOHOL & DRUG RECOVERY CENTERS
500 Blue Hills Ave., Sixth Floor, Hartford, CT
(860) 714-3700 | www.adrc-ct.org
Services Offered: Detox center, outpatient programs, residential treatment, and counseling. Accessible 24 hours a day, 365 days a year.

CAPITOL REGION MENTAL HEALTH CENTER
500 Vine St., Hartford, CT
(860) 297-0800 | www.ct.gov/dmhas/crmhc
Services Offered: Clinical services (acute, forensic, outpatient, young adult), managed services, recovery and community integration for adults 18+ with serious psychiatric disabilities or co-occurring disorders of psychiatric illness & substance abuse.

CHARTER OAK HEALTH CENTER
21 Grand St., Hartford, CT
(860) 550-7500 | www.thecharteroak.org
Services Offered: Child and family treatment, psychiatric services for adolescents and adults, co-occurring disorders (substance abuse), medication management.

CHILDREN’S BEHAVIORAL HEALTH
999 Asylum Ave., Hartford, CT
(860) 548-0300 | www.ccaoht.org
Services Offered: Intensive in-home child & adolescent psychiatric services and multi-dimensional family therapy.

COMMUNITY HEALTH SERVICES
500 Albany Ave., Hartford, CT
(860) 249-9625, Ext. 892 | www.chshartford.org
Services Offered: Biopsychosocial assessment, psychiatric evaluation, medication management, crisis intervention, psychotherapy, education on anger management, parenting & depression, drug screening, peer based support, treatment for co-occurring disorders, and relapse prevention.

HARTFORD BEHAVIORAL HEALTH
Cole Center, 2550 Main St., Hartford, CT
(860) 548-0101 | www.hbh1.org
Services Offered: Mental health services for adults & children including psychotherapy, psychiatric evaluations & medication monitoring to address issues of trauma, substance use & conduct disorders. Tobacco cessation services are also offered.

HARTFORD SCHOOL-BASED CLINICS
Debbie Chameides, Coordinator of Health Services
(860) 695-8760 | www.hartfordschools.org/family-resources/school-based-health-clinics
Services Offered: Mental health counseling. Open to all Hartford Public School students during regular school hours.

THE VILLAGE FOR CHILDREN & FAMILIES
1680 Albany Ave., Hartford, CT
(860) 236-4511 | www.thevillage.org
Services Offered: Prevention, community support, early intervention, outpatient behavioral health/trauma center, intensive community and residential treatment, therapeutic foster care, adoption and family preservation.
Understanding Health Disparities in Our Community:

Everyone deserves the opportunity to live a long, healthy, and productive life, yet health disparities persist. A health disparity is a difference in health outcomes across subgroups of the population, often linked to social, economic, or environmental disadvantages (e.g., less access to good jobs, unsafe neighborhoods, and lack of affordable transportation options). Health disparities adversely affect groups of people who have systematically experienced greater obstacles to health on the basis of their racial or ethnic group, religion, socioeconomic status, gender, age, mental health, cognitive, sensory, or physical disability; sexual orientation or gender identity; geographic location; or other characteristics historically linked to discrimination or exclusion.

AIDS CONNECTICUT
110 Bartholomew Ave., Hartford, CT
(860) 247-AIDS | www.aids-ct.org
Services Offered: Housing assistance, care services for people living with HIV/AIDS, support groups, meals, substance abuse counseling, mental health counseling, acupuncture, syringe exchange, HIV counseling & HIV testing.

AIDS EDUCATION AND RISK REDUCTION PROGRAM
Charter Oak Health Center, 21 Grand St., Hartford, CT
(860) 550-7500 | www.thecharteroak.org
Services Offered: Provides education, counseling and confidential HIV testing for people with HIV/AIDS or people at risk. Medical & mental health services, social services, education and outreach are provided.

CATHOLIC CHARITIES PREGNANCY COUNSELING
896 Asylum Ave., Hartford, CT
(800) 538-4448 | www.ccaoh.org
Services Offered: Help link women who are in a crisis pregnancy with pre-natal care, housing/transportation, financial assistance, counseling, adoption services.

COMMUNITY HEALTH SERVICES
500 Albany Ave., Hartford, CT
(860) 249-9625 | www.chshartford.org
Services Offered: Comprehensive HIV/AIDS program for disease treatment and primary care for patients with HIV/AIDS. Hepatitis B & C treatment and follow-up, and a support group for patients with Hepatitis C. Treatment and follow-up of STDs.

CT AIDS DRUG ASSISTANCE PROGRAM
1-800-233-2503
Services Offered: A State program that can help pay for FDA approved HIV-related drug treatments Eligibility: No asset limit. Income limit: up to 400% of the Federal Poverty Level. Must provide physician verification of HIV/AIDS and proof of CT residency.

HARTFORD DEPARTMENT OF HEALTH AND HUMAN SERVICES
131 Coventry St., Hartford, CT
(860) 757-4830 | www.hartford.gov/hhs/disease-prevention-health-promotion
Services Offered: Confidential STD testing and treatment, Hepatitis A, B & Gardasil vaccination, free condoms, education, free and confidential rapid HIV testing and counseling.

HARTFORD GAY AND LESBIAN HEALTH COLLECTIVE
1841 Broad St., Hartford, CT
(860) 278-4163 | www.hglnhc.org
Services Offered: Provides education regarding AIDS/HIV, as well as...
information on health issues related to gay, lesbian, bisexual, and transgender individuals.

HARTFORD STD CLINIC
Burgdorf Health Center, 131 Coventry St., Hartford, CT
(860) 543-8820
Services Offered: All STD/HIV testing, Hepatitis A, Hepatitis B and HPV Vaccine, & Hepatitis C Screening. No appointment necessary.

LATINO COMMUNITY SERVICES
184 Wethersfield Ave., Hartford, CT
(860) 296-6400 | www.lcs-ct.org
Services Offered: HIV/STD testing, harm reduction for active drug users, HIV & Hepatitis C counseling, food pantry, medical transportation, medical case management.

PEDIATRIC, YOUTH AND FAMILY HIV PROGRAM
CT Children’s Medical Center 282 Washington St., Dept. 2L, Hartford, CT
(860) 545-9490 | www.connecticutchildrens.org
Services Offered: Provides inpatient and outpatient care, counseling, education, support groups, and consultations with other specialists. Case management for both infected children and affected family members is also offered.

PLANNED PARENTHOOD
Hartford North Center, 1229 Albany Ave., Hartford, CT
(860) 728-0203 | www.plannedparenthood.org
Services Offered: Sexual/reproductive health services, women’s health services, men’s health services and LGBT services. Many insurance plans, including Medicaid, are accepted. If uninsured, fees are based on income.

SAINT FRANCIS HOSPITAL/UNIVERSITY OF CONNECTICUT PRIMARY CARE CENTER HIV/AIDS PROGRAM
131 Coventry St., 2nd Floor, Hartford, CT
(860) 714-2813
Services Offered: Primary care for people with HIV/AIDS including treatment, nursing services & nutrition counseling. Free treatment for adults who are HIV+ or have AIDS and are at or below 300% of the FPL.
Oral Health Services

Charter Oak Health Center
21 Grand St., Hartford, CT
(860) 550-7574 | www.thecharteroak.org
Services Offered: Clinical evaluations, x-rays, cleaning, fillings, extractions, dentures, pediatric dentistry, emergency dental care, oral cancer screenings.

Community Health Services
500 Albany Ave., Hartford, CT
(860) 249-9625, Ext. 846 | www.chshartford.org
Services Offered: Fluoride treatments; sealants; cleanings; fillings; extractions; crowns; bridges; dentures and partials; dental education; referrals for oral surgery, orthodontics (braces), or other specialists are available as needed.

Gengras Ambulatory Care Dental Clinic
1000 Asylum Ave., Hartford, CT
(860) 714-4529
Services Offered: Provides dental services for adults and children. Pediatric Dental Clinic is for children/youth ages 0 through 15; Gengras Ambulatory Care Dental Clinic is for children/adults ages 3+.

Kool Smiles of Hartford
1888 Main St., Hartford, CT
(860) 356-0389 | www.mykoolsmiles.com
Services Offered: General dental care and oral surgery. Services are focused on children but they will take care of the whole family. Appointments can also be made online.

Hartford Dental Group
21 Woodland St., Hartford, CT
(860) 728-6668 | www.hartforddentalct.com
Services Offered: Provides affordable, high quality dental services including routine cleanings & exams, fillings, crowns, veneers, oral surgery, and dentures. Many insurances are accepted & payment plans are available.

Hartford Hospital Dental Clinic
79 Retreat Ave., Hartford, CT
(860) 545-2700
Services Offered: The clinic provides general dentistry, as well as orthodontics, implants and oral surgery.

We Care Family Dental Center
1453 Albany Ave., Hartford, CT
(860)-727-8146 | www.wecarefamilydental.com
Services Offered: Provides affordable, high-quality dental services including routine cleanings & exams, filling, crowns, veneers, oral surgery, and dentures. Many insurances are accepted & payment plans are available.
ADVANCED PROSTATE CANCER SUPPORT GROUP
Helen and Harry Gray Cancer Center, Hartford Hospital,
85 Retreat Ave., Hartford, CT
(860) 524-2715
Services Offered: Provides education and support for men in the advanced stages of prostate cancer and their families. Meets one evening a month; call to check scheduled meeting dates/times.

AIDS CONNECTICUT
110 Bartholomew Ave., Suite 3050, Hartford, CT
(860) 247-2437 | www.aids-ct.org
Services Offered: Social and support group for gay men who are living with HIV. Call for up-to-date information about meeting times and days.

ALCOHOLICS ANONYMOUS (AA)
Various locations
(860) 282-5924 | www.ct-aa.org
Services Offered: Fellowship meetings for those looking to become sober or those who are sober and looking to remain sober. Meeting times and locations vary; call to find meetings near you.

ASYLUM HILL FAMILY CENTER
60 Gillett St., Suite 101, Hartford, CT
(860) 244-9944 | www.ccaoh.org
Services Offered: Parent/child interaction, parent support & development, health & wellness, supportive housing.

BRAIN TUMOR SURVIVOR SUPPORT GROUP
Helen and Harry Gray Cancer Center, Hartford Hospital,
80 Seymour St., Hartford, CT
(860) 545-2318
Services Offered: Provides patients with brain tumors and their families with education and support. Meets on the first Thursday of the month from 5:30-7pm.

CATHOLIC CHARITIES FAMILY CENTER
Parker Memorial Community Center, 2621 Main St., Hartford, CT
(860) 757-0827 | www.ccaoh.org
Services Offered: Promoting positive parent/child interaction, parent advocacy/leadership development, basic needs/social support, health and wellness, adult education, family enrichment, connecting families to the community.

CATHOLIC CHARITIES SUBSTANCE ABUSE SUPPORT
896 Asylum Ave., Hartford, CT
(860) 522-8241 | www.ccaoh.org
Services Offered: Counseling for people recovering from or at risk of substance abuse. Must be a resident of a capital region town; ages 18+; younger persons are seen with their families.
CHESS- SUPPORT FOR BREAST CANCER/PROSTATE CANCER PATIENTS
Helen and Harry Gray Cancer, Center Hartford Hospital, 85 Retreat Ave., Hartford, CT (860) 545-6000 Services Offered: Education and support for patients with breast cancer or prostate cancer. Provides online support & information.

CITIZENS FOR QUALITY SICKLE CARE
880 Asylum Ave., 3rd Floor, Hartford, CT (860) 724-0664 Services Offered: Support group for adult family members of people living with sickle cell disease and adults living with sickle cell disease. Meets every quarter; call for dates and times.

CONNECTIONS WELLNESS CENTER
1229 Albany Ave., 3rd Floor, Hartford, CT (860) 547-1771 Services Offered: Support groups for women and men who are HIV+. Call for information about meeting times and days.

DIVAS LATINA CANCER SUPPORT
Hispanic Health Council, 175 Main St., Hartford, CT (860) 527-0856 | www.hispanichealth.com Services Offered: Provides patient education, transportation, medical interpretation, social support, and referrals to other medical services for Latinas diagnosed with cancer. Contact for more information.

DR. ISAIAH CLARK FAMILY AND YOUTH CLINIC
The Village, 1680 Albany Ave., Hartford, CT (860) 236-4511 Services Offered: Support group for parents/caregivers who are HIV+ and who want to explore the impact of the illness on parenting. Support group using adventure and art-based techniques to help youth ages 8-21 affected by AIDS/HIV.

GARDNER’S HOUSE
1229 Albany Ave., 3rd Floor, Hartford, CT (860) 206-7754 | www.gardnershouse.org Services Offered: Provides help to patients and family members to relieve stress, provide advice on how to handle their situation, how to recover, and how to return to a full and normal life. Also offer referrals to local and state agencies that have resources to assist financially and socially.

GENERAL CANCER SUPPORT GROUP
Helen and Harry Gray Cancer Center, Hartford Hospital, 85 Retreat Ave., Hartford, CT (860) 545-1888 Services Offered: Addresses issues regarding cancer diagnoses, treatment and recovery for people with cancer and their loved ones. Registration required.
HEALTHY RELATIONSHIPS
CT Area Health Education Center, 20-28 Sargeant St.,
1st Floor, Hartford, CT
(860) 920-5149
Services Offered: Meetings that bring together long-term survivors living with HIV with those recently diagnosed to share tips and insights, restore self-confidence, improve health, and negotiate safer sex with partners. Call for information about joining.

HEALTHY RELATIONSHIPS/POSITIVELY AWARE
Hartford Gay and Lesbian Health Collective, 1841 Broad St.,
Hartford, CT
(860) 278-4163
Services Offered: Meetings that bring together long term survivors living with HIV with those recently diagnosed to share tips and insights, restore self-confidence, improve health, and negotiate safer sex with partners.

IMMANUEL HOUSE CAREGIVER SUPPORT GROUP
15 Woodland St., Hartford, CT
(860) 528-4228, Ext. 20
Services Offered: A support group for caregivers, call for information on meeting times and days.

INSTITUTE OF LIVING ALZHEIMER’S SUPPORT GROUP
400 Washington St., Hartford, CT
(860) 545-7189 or 545-7219
Services Offered: Meets on the first Tuesday of the month from 5 – 6:30 pm.

LIVESTRONG® AT THE YMCA
Downtown YMCA, 241 Trumbull St., Hartford, CT
(860) 522-4183 | www.ghymca.org/downtown
Services Offered: A 12-week program designed to help cancer survivors feel alive again. The program helps survivors overcome the effects of fatigue and deconditioning from treatment and the disease through a mind & body-based wellness program. YMCA membership not required.

MOCHA HARTFORD
(MEN OF COLOR HEALTH AWARENESS)
Wilson-Gray YMCA, 444 Albany Ave., Hartford, CT
(860) 241-9622 | www.ghymca.org/wilson-gray
Services Offered: A program designed to reduce health disparities among men of color through various forms of exercises, as well as improving the psychological and mental quality of life through discussions. YMCA membership not required.
NEWLY DIAGNOSED BREAST CANCER SUPPORT GROUP
Saint Francis Hospital, 114 Woodland St., Hartford, CT
(860) 714-4112
Services Offered: Support group for women diagnosed with breast cancer within the last two years. Meets on the second Wednesday of each month at 5:15pm.

NUXTURING FAMILIES NETWORK
The Village’s Center for Family Life, 105 Spring St., Hartford, CT
(860) 236-4511, Ext. 3438 | www.thevillage.org
Services Offered: Provides pregnant women and first-time mothers with assistance and support to help promote positive parenting skills and reduce the incidences of child abuse and neglect through weekly home visits and group meetings.

POWERFUL TOOLS FOR CAREGIVERS
Saint Francis Hospital, 114 Woodland St., Hartford, CT
(860) 714-2421
Services Offered: An educational program designed to provide caregivers the skills to take care of themselves while caring for a relative or friend. Through the program, caregivers learn to reduce stress, improve self-confidence, locate resources, communicate better, and other important skills.

PROSTATE CANCER SUPPORT GROUP
Curtis D. Robinson Men’s Health Institute, 140 Woodland St., Hartford, CT
(860) 714-7292
Services Offered: Open to all prostate cancer patients at any stage in their journey. Meets every third Monday of the month from 5pm–7:30pm.

PROSTATE CANCER SUPPORT GROUP
Helen and Harry Gray Cancer Center Hartford Hospital
85 Retreat Ave., Hartford, CT | (860) 524-2715
Services Offered: Provides education, problem solving techniques and psychological support to prostate cancer patients and their family members. Call to confirm the date/time of the session(s) you would like to attend.

RAWSON ELEMENTARY ALZHEIMER’S CAREGIVER SUPPORT GROUP
260 Holcomb St., Hartford, CT
(860) 695-4840
Services Offered: A support group for caregiver of individuals with Alzheimer disease. The group currently meets on the last Friday of the month at 10:00 am. For more information contact at Kendra Bland. Currently the group meets on the first Tuesday of the month from 5pm–6:30pm.
SAINT FRANCIS DIABETES SUPPORT GROUP
Conference Room A, 95 Woodland St., Hartford, CT
(860) 714-4402 | www.stfrancis.org/cdmn
Services Offered: Free, quarterly support group for adults with diabetes. Second Thursday of November, February, May, August from 1:30pm – 2:30pm.

WISEWOMAN PROGRAM
Saint Francis Hospital Women’s Center, 1075 Asylum Ave., Hartford, CT
(860) 714-7122
Services Offered: The program teaches women ages 40-64 who are uninsured or underinsured how to eat healthy, be more active, and quit smoking.

REACH’S MISSION
The Greater Hartford REACH Coalition’s mission is to work collaboratively to make the “healthy choice the easy choice” by assuring access to healthy foods, safe and healthy environments, affordable health care, and healthy outcomes through changes in policies, systems, and environments.
COOKING MATTERS
Hartford Office, YWCA, 135 Broad St., Hartford CT
www.cookingmattersct.org
Cooking Matters utilizes professional chefs and nutritionists who volunteer their time and expertise to lead hands-on courses that teach adults, teens, and kids how to purchase and prepare nutritious foods in healthful, safe, and tasty ways.

GROW HARTFORD CSA
75 Laurel St., Hartford, CT
dan@hartfordfood.org | www.hartfordfood.org
Services Offered: Households can buy a share and receive 140 pounds of a variety of vegetables and fruits (about $30 worth per week; enough food for 2 adults and 2 children). Shares cost $75 for low-income families, $350 at market-rate.

HARTFORD FARMERS’ MARKETS
Various locations throughout Hartford, including the Homestead Ave. & North End Farmers’ Markets
www.hartfordfarmersmarkets.org
Most run from June to October. The Billings Forge Farmers’ Market is open year-round.

HARTFORD MOBILE MARKET
Congress St., Suite 302, Hartford, CT
(860)296-9325 | www.hartfordfood.org
Services Offered: It is a year-round mobile produce market bringing fresh fruits and vegetables into Hartford’s neighborhoods at affordable cost. SNAP and debit are accepted at all stops. Please visit website or call for mobile market locations.

KNOX
75 Laurel Street St., Hartford, CT
(860) 951-7694 | www.knosparks.org
Services Offered: Community gardening plots & gardening workshops An annual plot rental fee depends on income.

MOBILE FOODSHARE
Many locations throughout Hartford with varying days and times
(860) 286-9999 | www.foodshare.org
Services Offered: Provides fresh fruits & vegetables for families & individuals in need. No registration is required at most sites to demonstrate need. Call Foodshare or visit their website for information.

PANA-PARTNERSHIP FOR BETTER HEALTH THROUGH NUTRITION EDUCATION
Hispanic Health Council, 175 Main St., Hartford, CT
(860) 527-0856, Ext. 260 | www.hispanichealth.com
Services Offered: Nutrition education for children and adults.
SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM)
www.ct.gov/SNAP | Call 2-1-1 for information
The Supplemental Nutrition Assistance Program (SNAP), also known as Food Stamps, helps low-income individuals and families afford the cost of food at grocery stores and farmers’ markets. You can apply for these benefits by completing a state application form at your local DSS office. Income limits and eligibility criteria do apply.

WIC (SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS & CHILDREN)
www.ct.gov/dph/wic | Call 2-1-1 for information
WIC provides healthcare referrals, nutrition education, breastfeeding promotion and support, and supplemental foods for pregnant women, breastfeeding women, non-breastfeeding postpartum women, infants and children (up to their 5th birthday).

REACH’S VISION:
The REACH Coalition’s vision is to create a healthier Hartford for ALL its residents regardless of age, race, ethnicity, gender, or social economic status.
ASYLUM HILL BOYS & GIRLS CLUB OF HARTFORD
170 Sigourney St., Hartford, CT
(860) 929-7694 | www.bgchartford.org
Services Offered: A safe and positive place that encourages development and growth after-school programs that focus on physical activity, healthy eating, education, and self-esteem. Open Monday-Friday, 2:30pm – 9pm.

BRIGHT FUTURES YOUTH CENTER INC.
180 Pleasant St. Hartford, CT
(860) 525-0360
Services Offered: Boxing, karate, self-defense instruction for city youth. For information contact: George Cruz.

DOWNTOWN YMCA
241 Trumbull St., Hartford, CT
(860) 522-4183 | www.ghymca.org/downtown
Services Offered: Fitness center, circuit training, steam/sauna, personal training, massage, aquatic programs, FootLights, Read to Succeed, and other programs.

EBONY HORSE WOMEN
337 Vine St., Hartford, CT
(860) 293-2914 | www.ebonyhorsewomen.us
Services Offered: Empower youth toward successful lives through the use of Equine assisted growth learning. The program uses Equine Assisted Therapy and Therapeutic Riding along with academic supports to build leaders, deters destructive behavior, and increase academic achievement in youth.

HARTFORD PARKS
Bellevue Square Park, Cronin Park, DeLucco Playground, Elizabeth Park, Keney Park, Sigourney Square Park, Willie Ware Park
www.hartford.gov/parks
Services Offered: Great, safe places to play, exercise, and just spend some time outdoors.

HARTFORD POLICE ATHLETIC LEAGUE
50 Williams St., Hartford, CT
(860) 757-4401 | www.hartfordpal.org
Services Offered: Organized sports, teen/youth programs, field trips, special events, camp programs. Must be actively attending school & in good standing. There is an application, but all children will be accepted unless they are engaged in criminal activity.

HARTFORD SOCCER CLUB
Coach: Brian Gallagher | BrianGallagher82@gmail.com
www.hartfordsoccercub.com
Services Offered: Soccer program for Hartford youth including a rec program from boys & girls ages 4-12, and a travel program for boys & girls ages 9-18. Offered in the Fall and Spring, no one is turned away for financial reasons. Email Coach Gallagher for registration information.
LIVINGWELL CENTRE
The Conference of Churches, 224 Farmington Ave., Hartford, CT (860) 247-0017 | www.conferenceofchurches.org
Services Offered: Health and wellness programs including yoga, aerial yoga and zumba classes.

NORTHWEST BOYS & GIRLS CLUB OF HARTFORD
1 Nahum Dr., Hartford, CT (860) 242-5553 | www.bgchartford.org
Services Offered: A safe and positive place that encourages development and growth through after-school programs that focus on physical activity, healthy eating, education, and self-esteem. Open Monday-Friday, 2:30pm – 9pm.

PARKER MEMORIAL RECREATION CENTER
2612 Main St., Hartford, CT | (860) 757-0820
Services Offered: Basketball and volleyball courts, a pool, locker room, exercise equipment, community room, kitchen, and game rooms.

SATURDAY HOOPSTERS
saturdayhoopsters@gmail.com
BrianGallagher82@gmail.com
Services Offered: An affordable recreational basketball program for children ages 5-14. Meets on Saturdays starting at the end of November.

SILVER SNEAKERS- FOR THE YOUNG AT HEART
Wilson-Gray YMCA, 444 Albany Ave., Hartford, CT (860) 241-9622 | www.ghymca.org/wilson-gray
Services Offered: A Health and fitness class for the active older adult age 55 and older focusing on muscular strength and conditioning. The classes provide a workout regimen that consists of cardiovascular conditioning, flexibility training, core strengthening, range of motion exercises, balance and coordination.

WILSON-GRAY YMCA
444 Albany Ave., Hartford, CT (860) 241-9622 | www.ghymca.org/wilson-gray
Services Offered: Fitness center, circuit training, gymnasium, climbing wall, child watch/amazing kids, teen center, pre-teen center, computer zone, steam/sauna, locker rooms, café, before & after school programs, personal training, and early childhood development center.
CONNECTICUT QUITLINE
1 (800) QUIT-NOW
Services Offered: A telephone help line that provides smoking cessation counseling, quitting information, and support. “Quit Coaches” help callers quit using tobacco by working with them to create personalized Quit Plans.

HARTFORD HOSPITAL SMOKING CESSATION
80 Seymour St., Hartford, CT
(860) 545-LUNG
Services Offered: A twelve-week program for individuals of all ages who want to quit smoking. The program includes free products, as well as individual and group counseling.

HEALTHY LIVING
Hartford Behavioral Health, Cole Treatment Center, 2550 Main St., Hartford, CT
(860) 548-0101, Ext. 354
Services Offered: An educational and motivational group intervention for smokers with a dual diagnosis of mental health issues and nicotine dependence. The program focuses on wellbeing, nutrition, physical activity, and stress management.

SMOKING CESSATION PROGRAM
Hartford Gay and Lesbian Health Collective, 1841 Broad St., Hartford, CT
(860) 278-4163
Services Offered: A six-week smoking cessation program for individuals with HIV/AIDS.

SMOKE ENDERS
Hartford Behavioral Health Cole Treatment Center, 2550 Main St., Hartford, CT
(860) 548-0101, Ext. 356
Services Offered: An action-based group and individual treatment program for smokers struggling with mental illness and who want to try to quit smoking. The program focuses on quitting techniques that improve success and reduce relapse risk.
DIAL 2-1-1
2-1-1 | www.211ct.org

ACCESS HEALTH CT
1-855-805-HEAL (1-855-805-4325) | www.accesshealthct.com
Access Health CT is Connecticut’s official health insurance exchange where you can search for and enroll in insurance plans for individuals, families and businesses. Insurance can be purchased online, over the phone, or in person.

CONNECTICUT DEPARTMENT OF PUBLIC HEALTH
410 Capitol Ave., Hartford, CT
(860) 509-8000 | www.ct.gov/dph

CONNECTICUT DEPARTMENT OF SOCIAL SERVICES
3580 Main St., Hartford, CT
1-855-6-CONNECT (1-855-626-6632)

END HUNGER CONNECTICUT!
65 Hungerford St., Hartford, CT
(860) 560-2100 | www.endhungerct.org

FREE SUMMER MEALS
www.ctsummerfood.org
On The Go? Text CTmeals to 877877 for summer meals sites near you!

HARTFORD DEPARTMENT OF FAMILIES, YOUTH CHILDREN AND RECREATION
City Hall, 550 Main St., 3rd Floor, Hartford, CT
(860) 757-9595 | www.dfcyr.hartford.gov

HARTFORD DEPARTMENT OF HEALTH AND HUMAN SERVICES
131 Coventry St., Hartford, CT
(860) 757-4700 | www.hartford.gov/hhs

HARTFORD PUBLIC LIBRARY
www.hplct.org

Albany: 1250 Albany Ave., Hartford, CT (860) 695-7380
Barbour: 259 Barbour St., Hartford, CT (860) 695-7400
Blue Hills: 649 Blue Hills Ave., Hartford, CT (860) 695-7420
Downtown: 500 Main St., Hartford, CT (860) 695-6300
SAND/Ropkins: 1750 Main St., Hartford, CT (860) 695-7520

REVITALIZE
750 Main St., Suite 1208, Hartford, CT
(860) 986 - 7724 | www.revitalizehartford.com

STATE DEPARTMENT ON AGING
55 Farmington Ave., 12th Floor, Hartford, CT
(860) 424-5274 | www.ct.gov/agingservices
THE GREATER COALITION COMMUNITY PARTNERS

ACTIVE CITY • AETNA • COMMUNITY SOLUTIONS NORTHEAST NEIGHBORHOOD PARTNERSHIP • CONNECTICUT DEPARTMENT OF PUBLIC HEALTH • CONNECTICUT HEALTH FOUNDATION • CONNECTICUT INSTITUTE OF CLINICAL AND TRANSLATIONAL SCIENCE AT THE UCONN HEALTH CENTER • FAITHCARE INC. • FOODSHARE • GREATER HARTFORD NAACP • HARTFORD FOOD SYSTEM • HARTFORD HOSPITAL • SAINT FRANCIS HOSPITAL CURTIS D. ROBINSON CENTER FOR HEALTH EQUITY • URBAN LEAGUE OF GREATER HARTFORD • URBAN ALLIANCE • PUBLIC ALLIES • YMCA OF GREATER HARTFORD

The Coalition would like to express gratitude to all that continue support our efforts.