



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Hale YMCA Youth and Family Center Condensed Membership Handbook

MEMBERSHIP

- **CANCELLING** your Membership: 30 days written notice before your next billing date is Mandatory with a completed Membership Cancellation request.
- **HOLDING** your Membership: We can put your account on hold without dues for 1 to 3 months *once* per year (based on billing date, 30 days written notice with completed Hold Request.)
- **Guest passes:** Each Membership comes with 3 guest passes per year. Guests over 16 must bring a photo ID, guests under 18 must be accompanied by an adult anywhere in the facility. Day passes are available to purchase: \$10 under 18, \$15 for adults and \$25 for families.

ATTIRE

As a family organization, the YMCA of Greater Hartford encourages members and their guests to maintain an appearance that is not disruptive, distracting or offensive in any regard or attire that does not present health or safety concerns. Accordingly, Y staff may restrict appearance and attire with special consideration for specific issues. The list below is meant for example purposes and may not be inclusive of all expectations:

- Clothing, tattoos and jewelry that carry sexual, vulgar, or offensive messages or references, including pictures of the use of alcohol, tobacco, drugs, and gang affiliation, will not be permitted
- Any apparel item that can be used as a weapon is not permitted at the Y

ADDITIONALLY, IN WORKOUT AREAS

- Closed-toe athletic shoes and shirts or workout tops (but not sports bras) are required.
- To preserve our equipment, jeans are not permitted
- Proper swim attire must be worn in the spa and pool areas

GYMNASIUM

- Please don't bring bags into the gym. Make use of the lockers in the hallway and locker room.

GROUP EXERCISE

- Children ages 10-12 can take classes with a parent, ages 13 and up can attend by themselves.
- Studio B is for group classes only. Studio A is available for individuals 16 and older between scheduled classes.

HALE YMCA YOUTH AND FAMILY CENTER
A Branch of the YMCA of Greater Hartford
9 Technology Park Drive, Putnam, CT 06260
860.315.9622 – www.haleyymca.org

WELLNESS CENTER

- Please wipe down all equipment after use. Spray bottles and towels are provided.
- Age restrictions: Children under 10 are not allowed in the Wellness Center. Ages 10-12 must be accompanied by a parent and ages 10-17 must complete an Orientation with a Wellness Center Attendant.
- Personal training packages are subject to expiration; cancellation notice must be received 24 hours before your appointment.
- No chalk is to be used in the Wellness Center.
- No bags are allowed, please make use of the lockers in the hallway and locker room.
***Cell Phone Usage Limited to Music. No photos.**

AQUATICS

- Please shower before using the pools and bring your own towel.
- The steam room, sauna and hot tub are for members 16 and older only.
- Children 16 & under must take a swim test with a lifeguard on duty in order to use the lap pool.
- Children ages 5 and younger must have a parent in the pool with them, ages 6-12 must have a parent on the pool deck.
- We are required to close the pools if there is thunder or lightning within 10 miles of the facility.
- Private lessons are subject to expiration and 24 hour notice is required to cancel a scheduled private lesson.

CHILD WATCH

- Child care is available for members with Family memberships only (not guests) for ages 6 weeks to 9 years. Please ask for Information on Hours (subject to change).
- There is a 2 hour limit *per day* and the parent must remain in the building.
- No food is allowed and our staff does not change diapers.

OTHER

- Please bring your own lock for use in the locker room and do not leave it overnight. NO CELL PHONE USAGE in Locker Rooms.
- Children under 13 must be supervised by an adult at all times.
- ***Same gender*** children between the ages of 7 and 12 may use the Men's and Women's locker rooms. *Children and families under the age of 7 must use the Family Locker Room.*
- Tobacco Products are not allowed anywhere on the premises.
- Animals may not be left in vehicles in the Hale YMCA parking lot at any time.
- No spitting anywhere in the facility.
- If you spill liquid or powder in the facility, please clean it up.
- Class cancellations and pool closures are posted on Facebook, so we encourage you to follow our Facebook page. Major events (power outages, long-term closures) are sent via email, so make sure to provide your email address at the Welcome Center.