



1. THE JR. DRAG STRIP!
2. TUNNEL VISION!
3. THE WALL!
4. MONSTER TIRE TUNNEL!
5. LOG HOPPIN'
6. TIRE MOUNTAIN!
7. BALANCING ACT!
8. THE SPIDER WEB!
9. LUMBERJACK CARRY!
10. WET BELLY CRAWL!
11. FLIPPIN' LIK' TIRES!
12. HURDLE MANIA!
13. 100 FT SLIDE!
14. CARGO NET CLIMB!

*OBSTACLES SUBJECT TO CHANGE!

8:00AM-ADULT RACE START (2 WAVES)

10:30AM-CHAMPS 1 MILE START

ROOKIES RACE IMMEDIATELY FOLLOWS!

CHAMPS & ROOKIES

MUST CHECK IN BY 10:00AM!





CHAMPS 1 MILE COURSE! AGES 8-15



1. FLIPPIN' TIRES!
2. BELLY CRAWL!
3. BIG ROPE SHIMMY!
4. LORD OF THE RINGS!
5. LUMBERJACK!
6. BOULDER, CT!
7. TUG O' TIRE!
8. MONKEY BUSINESS!
9. STEEPLE!
10. TUNNEL VISION!
11. THE DRAG STRIP!

CHECK-IN

BATHROOMS

START & FINISH

8:00AM-ADULT RACE START (2 WAVES)
10:30AM-CHAMPS 1 MILE START
ROOKIES RACE IMMEDIATELY FOLLOWS!

**CHAMPS & ROOKIES
MUST CHECK IN BY 10:00AM!**

OBSTACLES SUBJECT TO CHANGE!



CHAMPS 1 MILE COURSE! AGES 8-15



1. FLIPPIN' TIPS!
2. BELLY CRAW!
3. BIG ROPE SHIMMY!
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10. TUNNEL VISION!
11. THE DRAG STRIP!

**CLICK FOR HI
RESOLUTION**

6:00AM - ADULT RACE START (2 WAVES)
10:00AM - KID RACE START
RACE STARTS CLOSELY FOLLOWS!

CHAMPS & ROOKIES
MUST CHECK IN BY 10:00AM!

OBSTACLES SUBJECT TO CHANGE!



ghyCHASE RACE.org
 THE GREATER HARTFORD YMCA OBSTACLE COURSE SERIES

SEPT 30, 2017

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OBSTACLES SUBJECT TO CHANGE!

8:00AM-ADULT RACE START (2 WAVES)

10:30AM-CHAMPS 1 MILE START

ROOKIES RACE IMMEDIATELY FOLLOWS!

CHAMPS & ROOKIES

MUST CHECK IN BY 10:00AM!



ROOKIES MAP VER. 9/15

ROOKIES FIELD COURSE! AGES 5-12

CLICK FOR HI RESOLUTION

CAMP CHASE YMCA, 15 CANTON ROAD, BURLINGTON, CT 06013