



CHAMPS 1 MILE COURSE! AGES 8-15



1. FLIPPIN' TIRES!
2. BELLY CRAWL!
3. BIG ROPE SHIMMY!
4. LORD OF THE RINGS!
5. LUMBERJACK!
6. BOULDER, CT!
7. TUG O' TIRE!
8. MONKEY BUSINESS!
9. STEEPLE!
10. TUNNEL VISION!
11. THE DRAG STRIP!

CHECK-IN

BATHROOMS

START & FINISH

8:00AM-ADULT RACE START (2 WAVES)
10:30AM-CHAMPS 1 MILE START
ROOKIES RACE IMMEDIATELY FOLLOWS!

**CHAMPS & ROOKIES
MUST CHECK IN BY 10:00AM!**

OBSTACLES SUBJECT TO CHANGE!



CHAMPS 1 MILE COURSE! AGES 8-15



1. FLIPPIN' TIPS!
2. BELLY CRAW!
3. BIG ROPE SWIMMY!
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**CLICK FOR HI
RESOLUTION**

6:00AM- ADULT RACE START (2 WAVES)

10:00AM- JUVENILE RACE START
RACE START TIME WILL BE POSTED CLOSELY FOLLOWS!

CHAMPS & ROOKIES
MUST CHECK IN BY 10:00AM!

OBSTACLES SUBJECT TO CHANGE!



1. THE JR. DRAG STRIP!
2. TUNNEL VISION!
3. THE WALL!
4. MONSTER TIRE TUNNEL!
5. LOG HOPPIN'
6. TIRE MOUNTAIN!
7. BALANCING ACT!
8. THE SPIDER WEB!
9. LUMBERJACK CARRY!
10. WET BELLY CRAWL!
11. FLIPPIN' LIK' TIRES!
12. HURDLE MANIA!
13. 100 FT SLIDE!
14. CARGO NET CLIMB!

*OBSTACLES SUBJECT TO CHANGE!

8:00AM-ADULT RACE START (2 WAVES)

10:30AM-CHAMPS 1 MILE START

ROOKIES RACE IMMEDIATELY FOLLOWS!

CHAMPS & ROOKIES

MUST CHECK IN BY 10:00AM!





ghyCHASE RACE.org
 THE GREATER HARTFORD YMCA OBSTACLE COURSE SERIES

SEPT 30, 2017

1. THE JR. DRAG STRIP!
2. TUNNEL VISION!
3. THE WALL!
4. MONSTER TIRE TUNNEL!
5. LOG HOPPIN'
6. TIRE MOUNTAIN!
7. BALANCING ACT!
8. THE SPIDER WEB!
9. LUMBERJACK CARRY!
10. WET BELLY CRAWL!
11. FLIPPIN' LIL' TIRES!
12. HURDLE MANIA!
13. 100 FT SLIDE!
14. CARGO NET CLIMB!

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8:00AM-ADULT RACE START (2 WAVES)

10:30AM-CHAMPS 1 MILE START

ROOKIES RACE IMMEDIATELY FOLLOWS!

CHAMPS & ROOKIES

MUST CHECK IN BY 10:00AM!



CAMP CHASE YMCA, 15 CANTON ROAD, BURLINGTON, CT 06013



ghyCHASERACE.org
 THE GREATER HARTFORD YMCA OBSTACLE COURSE SERIES

SEPT 10, 2016

MAP VER. 7/6



5K & FREE KIDS COURSE!

**CLICK FOR HI
 RESOLUTION**

1. STEEPLE
2. MUD BOWL
3. STEEPLE
4. TUNNEL VISION
5. STEEPLE
6. PACK-THINNER MOUNTAIN
7. STEEPLE
8. FLIPPIN TIRES!
9. STEEPLE
10. STEEPLE
11. TUNNEL VISION AGAIN!
12. INDIANA JONES CROSSING
13. STEEPLE
14. 9 FOOT MYSTERY MONSTER
15. STEEPLE
16. STEEPLE
17. STEEPLE
18. BIG ROPE SHIMMY
19. LORD OF THE RINGS
20. LUMBERJACK
21. BOULDER, CT
22. TUG O' TIRE
23. MONKEY BUSINESS
24. STEEPLE
25. BARBWIRE BELLY CRAWL
26. THE DRAG STRIP!



CAMP CHASE YMCA, 15 CANTON ROAD, BURLINGTON, CT 06013

OBSTACLES SUBJECT TO CHANGE!

